



Ngā Haere
GREAT
RIDES
OF NEW ZEALAND

GREAT RIDES

Central North Island



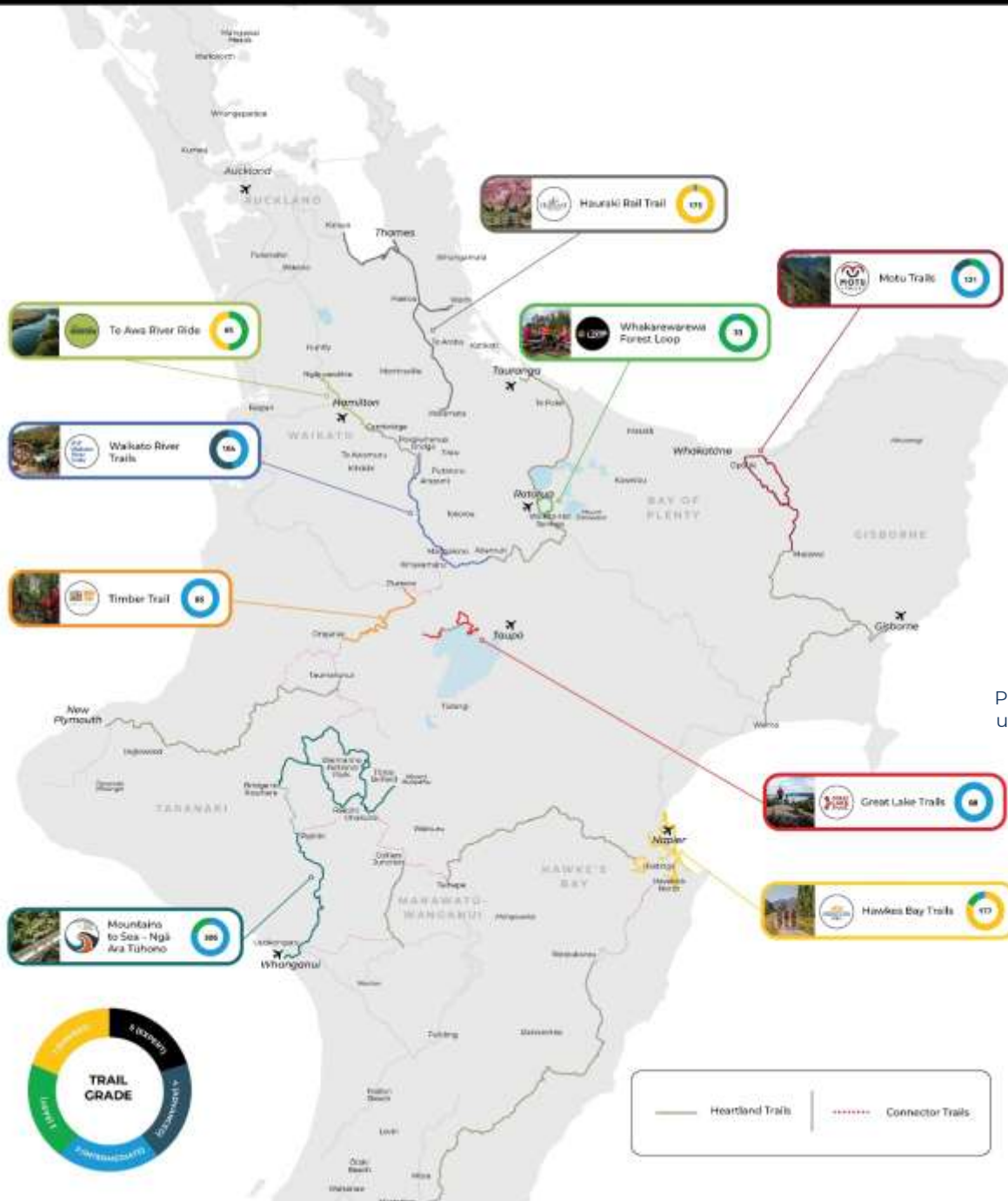
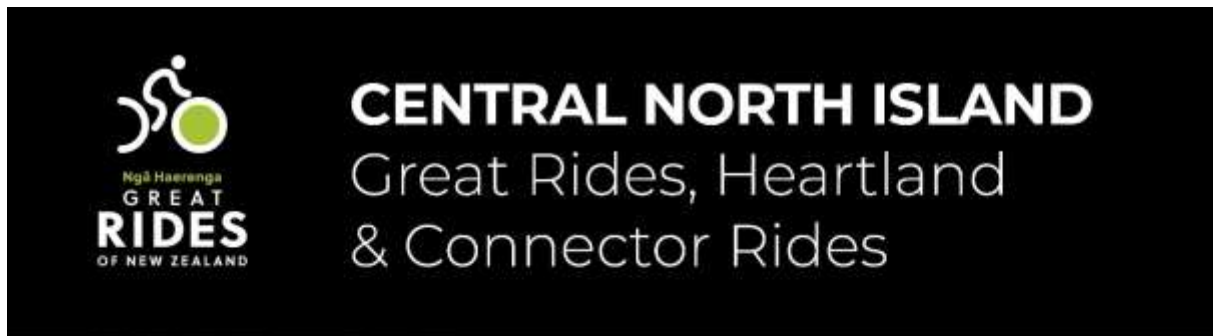
cnigreatrides.nz

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Trails across the Central North Island.



Please refer to text for up-to-date Trail Grades

Welcome to the Central North Island's Greatest Rides.

Not mountain bike parks but adventure journeys along quiet by-ways, and flowing single track, gravel paths and spectacular journeys along rivers.

Our nine rides take you from beaches to mountains, through vineyards to forests, following rivers and old rail trails, each are replete with stories and nature, it is the perfect place for memories to be formed and shared.

We are here to help connect the trails and journeys that suit your clients – so give us a brief and we'll connect you.

We are part of the Great Rides Network

Choosing Great Rides

The Ngā Haerenga Great Rides of the New Zealand Cycle Trail network are predominantly off-road trails. They showcase the best of New Zealand's landscapes, environment, culture, and heritage. The trails are located around the country from Northland to Southland. Local communities and some government support co-fund the Great Rides, which provide a healthy and enjoyable way for New Zealanders and international visitors to see the country.

All Great Rides meet high standards of trail maintenance, customer experience and support.

Supporting the Great Rides

Customers and operators can support the Great Rides in two ways to ensure they continue to deliver a great sustainable experience now and into the future:

- Encourage customers to complete the trail survey for each ride (often there will be QR codes on the trail maps or a link can be supplied for inclusion in itineraries.). These surveys help us build business cases for funding and support.
- Donate – consider a donation to these free to ride trails. Most of the rides have a charitable trust entity, and a link from the website. Alternatively, some Official partners may choose to add a voluntary donation to trips which goes directly to the trails so we can all thrive off the maintenance and developments.



Environmental Sustainability

Our cycle trails work with our partners to deliver the best environmental performance: in our own operations and, where possible, in enabling trails users and operators to minimise their footprint and create positive environmental change.



As a cycle trail, we are well placed to support tourism that has a minimum environmental footprint and takes a responsible and engaged community approach.

- The trails and our partners support and promote extensive environmental restoration on new build sections of the trails (recognising that significant sections are within National Parks and other conservation areas).
- The trails are an active signatory to Tourism Sustainability Commitment, and the promotion of the Tiaki Promise run by Tourism Industry Aotearoa.



TIAKI MEANS TO CARE FOR PEOPLE AND PLACE. THE TIAKI PROMISE IS A COMMITMENT TO CARE FOR NEW ZEALAND, FOR NOW AND FOR FUTURE GENERATIONS.



BE PREPARED



DRIVE CAREFULLY



KEEP NZ CLEAN



PROTECT NATURE



SHOW RESPECT

TIAKINEWZEALAND.COM | #TIAKIPROMISE

Choosing the Right Trail Grades for your Customers (And getting the communication right)

All Great Rides meet specified standards, and are graded to help ensure that customers can choose the ride that best suits their skills, endurance, and the bike that they are riding (and with the right gear for the condition too)




Our official partners can supply the right equipment and advice for your clients.

Grade	What to expect
1 - Easiest	<ul style="list-style-type: none"> • Suitable for all riders. • Mostly off-road trails wide enough for side-by-side riding, with some gentle climbs. • Most bikes are suitable, including E-bikes, touring bikes, hybrid bikes and children’s bikes. • These rides tend to have good road access.
2 - Easy	<ul style="list-style-type: none"> • Suitable for most riders. • Mostly off-road trails wide enough for riding two abreast, some sections may require riding single file. • Surfaces are generally smooth, with some gentle hills. • A multi-geared bike with medium to wide knobby tyres is recommended.
3 - Intermediate	<ul style="list-style-type: none"> • Suitable for reasonably fit and capable riders. • Most of the trail is single file, and / or the surface may be rough, with hills and low-level obstacles (tree roots, rocks etc). • Some sections may be on-road with open road traffic. A mountain bike is recommended for off-road sections. • E-MTBs, with sufficient battery capacity, are suitable provided riders can complete the trail in the event of a battery/power failure.
4 – Advanced	<ul style="list-style-type: none"> • Suitable for fit, experienced cyclists with good off-road and/or on-road skills, a high level of fitness and over 12 years of age; children should be accompanied by an adult. • A quality, well-maintained mountain bike is recommended for off-road trails. • E-bikes are not permitted on Grade 4 off-road trails, therefore the responsibility for e-bike use remains with the individual.
5 – Expert	<ul style="list-style-type: none"> • Suitable for fit, experienced off-road cyclists with good technical skills and a high level of fitness. Not suitable for children. • Off-road trails are likely to be challenging with long, steep climbs, precipitous descents, and dangerous drop-offs as well as rocks, roots, ruts, and potentially hazardous river crossings.

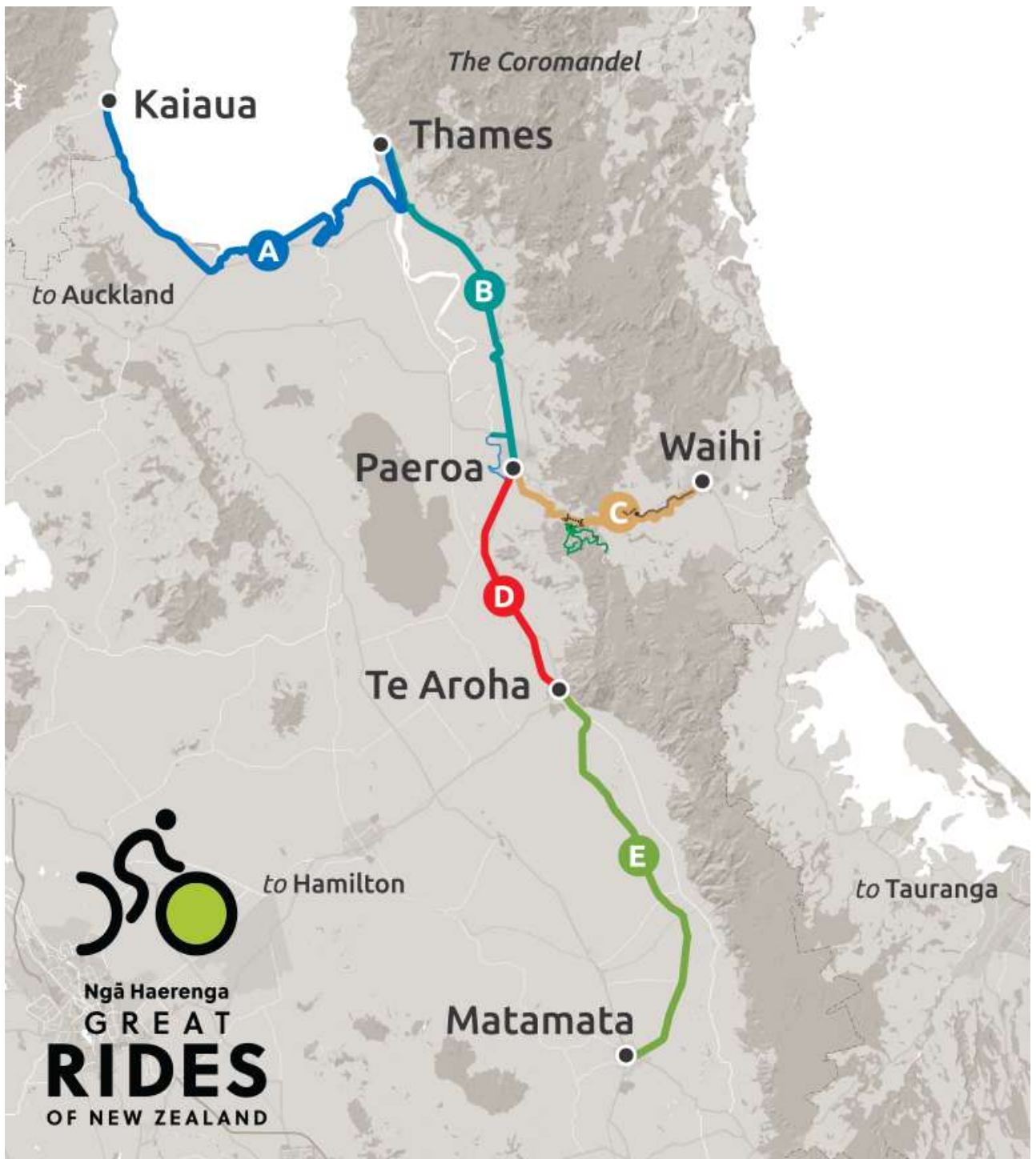
HAURAKI RAIL TRAIL

Website	Contact	Contact Details
haurakirailtrail.co.nz	Diane Drummond CEO	dianed@haurakirailtrail.co.nz +64 273 227 227

See the best of New Zealand by Bike!

Trail Grade 	<p>Grade 1</p> <p>The laid-back Hauraki Rail Trail is a Great Ride for all ages and abilities. With its gentle terrain and abundance of accommodation, cafes, and restaurants in quiet country towns, it's one of the easiest and most satisfying trails in the North Island.</p>
Length	160km, into five separate sections.
General Ride Time	Pick off any of the five sections as day rides or ride the entire network over 3 – 4 days.
Location	The Hauraki Rail Trail traces the Firth of Thames onto the Hauraki Plains connecting the towns of Kaiaua, Thames, Paeroa, Te Aroha, and Waihi, before ending up at Matamata.
Logistics	Bike hire, shuttles, luggage transfers, tours and accommodation are available from operators based on and around the Trail, with Thames, Waihi and Paeroa the major hubs.
Seasons	<p>All year.</p> <p>This region enjoys some of New Zealand's best weather, which makes the Hauraki Rail Trail a good all-year-round ride.</p> <p>Temperatures range between 24-31°C in the summer months, and average around 12-14°C in the middle of winter, although at night it can be colder.</p> <p>We recommend you always carry water, some energy food, and a repair kit. In winter, carry some warm clothes and a rain jacket. A lack of shade on the Plains makes sunblock essential in summer.</p>
Support Material	Download the map from the website or pop into one of the information centres along the Trail.

HAURAKI RAIL TRAIL MAP







HAURAKI RAIL TRAIL GUIDE INFORMATION



Section	Distance / Est Time Reqd.	Trail Grade	Trail Highlights
Section A: Kaiaua to Thames	55km 5 – 6 hours	1	<ul style="list-style-type: none"> Starting from Kaiaua in the North, this section of trail follows in the footsteps of an early Māori settler, Te Aho. As it winds around the edge of the shallow Firth of Thames over chenier shell banks, the trail passes through wetlands of international importance. The abundance of migratory shorebirds provides a magical opportunity to learn about the area's precious birdlife, before heading out to the hides to see them up close.
Section B: Thames to Paeroa	34km 3 – 4 hours	1	<ul style="list-style-type: none"> This richly historic area was once only accessible via the two rivers, Waihou and Hikutaia. Following the old railway line out of Thames township, the trail promises lush farmland and impressive views of the Hauraki Plains and forested Kaimai Ranges. The Cheese Barn at Matatoki is worth a stop. Drop into the Paeroa Historical Maritime Park, once New Zealand's most inland port, and catch the riverboat into town.
Section C: Paeroa to Waihi	24km 2 - 3 hours	1	<ul style="list-style-type: none"> Take your time to explore the most popular section which follows the Ohinemuri River through the spectacular Karangahake Gorge. This distinctly different landscape features the cascading Owcharoa Falls, photogenic gold mining sites, and spooky Windows Walk. Pack a headlamp for the 1100-metre-long railway tunnel, and the Goldfields Railway vintage train is a <i>Must Do</i>. For a little bit of luxury, the Falls Retreat offers award winning dining and boutique accommodation options, and make sure to stop in at the historic Waikino Hotel, with their international award-winning distillery, Kaimai Distillery.
Section D: Paeroa to Te Aroha	23km 2 – 3 hours	1	<ul style="list-style-type: none"> Heading south, this leisurely section passes through lush Waikato farmland dotted with dairy cows and farm animals. The Kaimai-Mamaku Ranges and Mt Te Aroha (952m The Mountain of Love), & expansive views over the Hauraki Plains are a feast for the eyes. Pack your togs and make the most of Te Aroha Mineral Spas. It's a great way to soothe pedal weary muscles at the end of a ride.


<p>Section E:</p> <p>Te Aroha to Matamata</p>	<p>37km</p> <p>2 – 4 hours</p>	<p>1</p>	<ul style="list-style-type: none"> • Relax and make the most of this simple journey past goat, dairy and thoroughbred farms. • As you approach Matamata look out for the majestic Wairere Falls - the highest waterfall in the North Island. • Stop at the Firth Tower to enjoy the tranquil gardens and explore the museum displays. • A visit to the Hobbiton Movie Set is a Must Do. Take a Tour, feast like a Hobbit, or simply enjoy a tipple at the Green Dragon Inn.
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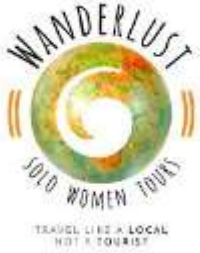
HAURAKI RAIL TRAIL PARTNERS


Trail Partner	Services Offered / Location
<p>Adventure Bike Hire</p> 	<p>Providing mobile cycle hire and shuttle service along the Hauraki Rail Trail.</p> <p>Our mission is to make cycle hire easy - so you can relax and enjoy your adventure without having to worry about the logistics and equipment.</p> <p>Based in Waihi, Adventure Bike Hire & Shuttles have quality bikes to suit anyone including e-bikes and kid's bikes. Equipment range and booking available at</p> <p>CONTACT DETAILS: Adventure Bike Hire & Shuttle adventurebikehire.co.nz hello@adventurebikehire.co.nz (+64) 27 398 2866</p>
<p>Biking Hire Shuttles</p> 	<p>Biking Hiking Shuttles is a small family business, owned and operated by Sue & Pete who are locally based at Te Aroha, which is in the heart of the Hauraki Rail Trail.</p> <p>They provide a bike hire and shuttle service to help you plan and enjoy the different sections of the Hauraki Rail Trail without you having to retrace your steps and also offer secure parking at their property.</p> <p>If you want a break from biking, they can help you plan a walk in the beautiful Kaimai Range or simply have a well-earned relaxation in the mineral spa pools at Te Aroha.</p> <p>Whether it's biking, hiking or simply relaxing they can help your plans become a reality with our bespoke shuttle service. If you need help with planning any aspect of your trip, they are happy to help and organise accommodation, restaurant bookings and transfer of luggage.</p> <p>CONTACT DETAILS: Biking Hiking Shuttles - 651 Te Aroha Gordon Road, Te Aroha www.bikinghikingshuttles.co.nz bikinghikingshuttles@gmail.com + 64 21 065 3382</p>
<p>Falls Retreat</p> 	<p>The Falls Retreat is a special place where you will reconnect with food, nature, and each other. Just a 200m from the Trail, with cosy cabins and delicious garden to plate cuisine.</p> <p>Packages available including romantic getaways, girls' weekends and foodie experiences as well as educational courses designed to provide top tips and skills from cooking to gardening.</p> <p>CONTACT DETAILS: Falls Retreat – 25 Waitawheta Road, Karangahake Gorge www.fallsretreat.co.nz info@fallsretreat.co.nz + 64 07 863 8770</p>

Trail Partner	Services Offered / Location
<p>Hauraki Bike Hire with Valley Tours and Transfers</p>  	<p>Brought to you by one great team, Hauraki Bike Hire with Valley Tours and Transfers offers a premium service for Bike Hire, Support and Transport from our convenient location right beside the Trail.</p> <p>The wide range of cycles for hire come in various sizes with something to suit everyone. All bikes are thoroughly maintained ensuring a smooth ride when you hire from us. We also offer shuttle services.</p> <p>Valley Tours & Transfers operate with a fully-compliant air-conditioned 11-seater modern van with the capability of transporting 10 – 12 bikes along the length of the Hauraki Rail Trail and other cycle trails. We also have a fully covered luggage trailer for longer journey's if transferring groups to differing destinations.</p> <p>CONTACT DETAILS: Hauraki Bike Hire with Valley Tours and Transfers 6 Wharf Street, Paeroa W:haurakibikehire.co.nz W:valleytourstransfers.co.nz E: haurakibikehire@gmail.com or E:valleytourstransfers@gmail.com P:+ 64 21 344 042</p>
<p>Jolly Bikes</p> 	<p>Jolly Bikes pride themselves on hassle free bike hire and tour packages that include award winning restaurants and accommodation along the trail. With short and long-term hire and tour options available they have something for everyone. As trail experts they can accommodate any requests or concerns.</p> <ul style="list-style-type: none"> • Self-guided, hassle-free tour packages • Guides available on request. • Shuttle and luggage transfer services. • On road and afterhours assistance available <p>CONTACT DETAILS: Jolly Bikes - 96 Richmond St, Thames W:jollybikes.co.nz E:biketour@jollybikes.co.nz P:+64 7 867 9026 +64 21 0816 5000</p>

Trail Partner	Services Offered / Location
<p>Orokawa Bay Retreat</p> 	<p>Orokawa Bay Retreat is a secluded hilltop sanctuary with panoramic views across the ocean to the east and Coromandel Ranges to the west.</p> <p>The ever-changing vista along the coast and beyond the Bay of Plenty coastline is framed by wall-wide bi-fold doors throughout the retreat space for an effortless flow from comfort to natural surrounds.</p> <p>Custom-designed with comfort in mind, the retreat offers an open plan living/dining/kitchen area that flows effortlessly to the internal atrium and four ensuite bedrooms. There's plenty of outdoor areas to enjoy the view including the private outdoor hot tub.</p> <p>Whether it's a unique meal prepared by a personal chef, or in-house spa treatments or you'd like to hire bikes/shuttle for a tour, this can all be coordinated for you</p> <p>Orokawa Bay Retreat offers guests the perfect base location central to the Coromandel, Waikato and Bay of Plenty. Explore locally to enjoy stunning walking and biking trails, local artisan products and culinary delights.</p> <p>CONTACT DETAILS: Orokawa Bay Retreat 28 Poet's Corner Road, Waihi 3681 orokawabayretreat.com info@orokawabayretreat.com (+64) 21 272 0833</p>
<p>Pūkorooro Shorebird Centre</p> 	<p>Watch from bird hides as thousands of shorebirds swirl in flocks over the beautiful coast and visit the centre to learn more about their fascinating world.</p> <p>Only an hour from Auckland and at the doorstep of the breathtaking Coromandel Peninsula, this is a hidden and peaceful gem for birders, locals and international guests.</p> <p>Shorebirds are here all year round; the highest numbers are present from January to March. The Shorebird Centre is open 9-5 but you can go and see the birds whenever the tide is in.</p> <p>The Shorebird Centre has overnight accommodation, self-contained units as well as bunkrooms for hire. Access to the Hauraki Rail Trail is right across the road from the gateway.</p> <p>CONTACT DETAILS: Pūkorooro Seabird Centre 283 East Coast Road, Miranda, 2473 W: shorebirds.org.nz E: admin@shorebirds.org.nz (+64) 09 232 2781</p>

Trail Partner	Services Offered / Location
<p>R & R Adventures</p> 	<p>Your friendly local cycle tour team, who are here to support your adventure on the beautiful scenic trails in the Waikato and upper North Island.</p> <p>Our bike tours all run on premium quality e-bikes and are well supported with comfy transport and outstanding Kiwi cuisine.</p> <p>With our expert trail knowledge, extensive biking experience and supportive crew, we want to share with you an old-fashioned iconic kiwi backcountry experience that you'll remember for all the right reasons.</p> <p>We take care of everything you need on your bike tour, all you need to do is turn the pedals and enjoy the view.</p> <p>CONTACT DETAILS: R & R Adventures www.randradventures.co.nz info@randradventures.co.nz (+64) 21 748 067</p>
<p>Riverside Adventures – Waikato</p> 	<p>Based just 15 min from Matamata and have the ability to shuttle up to 15 people and bikes to any point on the Hauraki Rail Trail, (more with advance notice) in our modern, reliable vehicles with purpose-built trailer.</p> <p>Riverside Adventures can also offer their shuttle van as a support vehicle to travel along with you and your group and carry extra water and food, help with any mechanical troubles, or let riders have a rest if your group has riders of differing capabilities. Providing mountain bike and e-bike hire as well, and tour guides if required.</p> <p>They will help organise an authentic and unique package for you and your group, including accommodation and other activities that you'll remember forever.</p> <p>CONTACT DETAILS: Riverside Adventures - 396 Horahora Road, Piarere www.riversideadventures.co.nz info@riversideadventures.co.nz 0800 287 448 / + 64 277 287 448</p>

Trail Partner	Services Offered / Location
<p>Ride your Trike</p> 	<p>Empowering individuals of <i>all ages and abilities</i> to have a go at cycling with three wheels.</p> <p>Ride your Trike offers a wide range of custom e-trikes and manual trikes which are high spec, and available for rentals and purchasing for both children and adults.</p> <p>These trikes are a breeze to ride, with their easy access controls, seat, and framing. Our e-trikes feature a throttle, which makes them accessible to individuals who don't have the functional control for pedals. Take one for a test ride!</p> <ul style="list-style-type: none"> • Hybrid Models — Switch between Manual and Electric Modes • Adjustable Speed Levels • Built-in Low Step Frame <p>CONTACT DETAILS: Ride your Trike NZ www.rideyourtrike.co.nz admin@rideyourtrike.co.nz (+64) 22 025 5122</p>
<p>Shorebird Cycles</p> 	<p>Shorebird Cycles offer everything from a simple half day discovery hire, to an all-inclusive multi-day hire, with shuttle and luggage services, whether it's for business or leisure.</p> <p>Also, services Hunua Heartland Riders.</p> <p>CONTACT DETAILS: Shorebird Cycles - 933 East Coast Road, Kaiaua www.shorebirdcycles.com info@shorebirdcycles.com +64 21 243 0513</p>
<p>Wanderlust Solo Women Tours</p> 	<p>Offering Retreats, Tours and Travel Coaching. Empowering women to build confidence and friendships through travel.</p> <p>Facilitating unforgettable, fun, purposeful journeys of self-discovery, connection, and growth, through authentic travel experiences, retreats, and personalized travel coaching, to date empowering hundreds of women to embark on their adventures.</p> <p>Proud partner of the <i>JourneyWoman's Verified Partner Programme</i></p> <p>CONTACT DETAILS: Wanderlust Solo Women Tours Paeroa, New Zealand, 3578 www.wanderlustsolowomentours.com info@wanderlustsolowomentours.com</p>

Trail Partner	Services Offered / Location
<p>Waihi Bicycle Hire</p> 	<p>Waihi Bicycle Hire has everything you need to discover Waihi and experience the Hauraki Rail Trail. Hire your bikes and take a leisurely cruise around the Martha Gold Mine Pit Rim Trail or ride the Hauraki Rail Trail from Waihi to the spectacular Karangahake Gorge and beyond (they can pick you up from your final destination). They have e-Bikes plus a great range of well-maintained Avanti Discovery comfort bikes and regular mountain bikes, which are all perfectly suited to the local trails. We also have trailers (for 0–3-year-olds), or tag-alongs (for 4–6-year-olds).</p> <p>Their shuttle service can pick you up and drop you off from anywhere on the trail to make your cycling experience easy.</p> <p>They cater for individuals, plus small and large groups. Ask us about their corporate group cycling discovery packages.</p> <p>CONTACT DETAILS: Waihi Bicycle Hire - 126 Seddon Street, Waihi www.waihibicyclehire.co.nz info@golddiscoverycentre.co.nz + 64 7 863 9015</p>




TE AWA RIVER RIDE

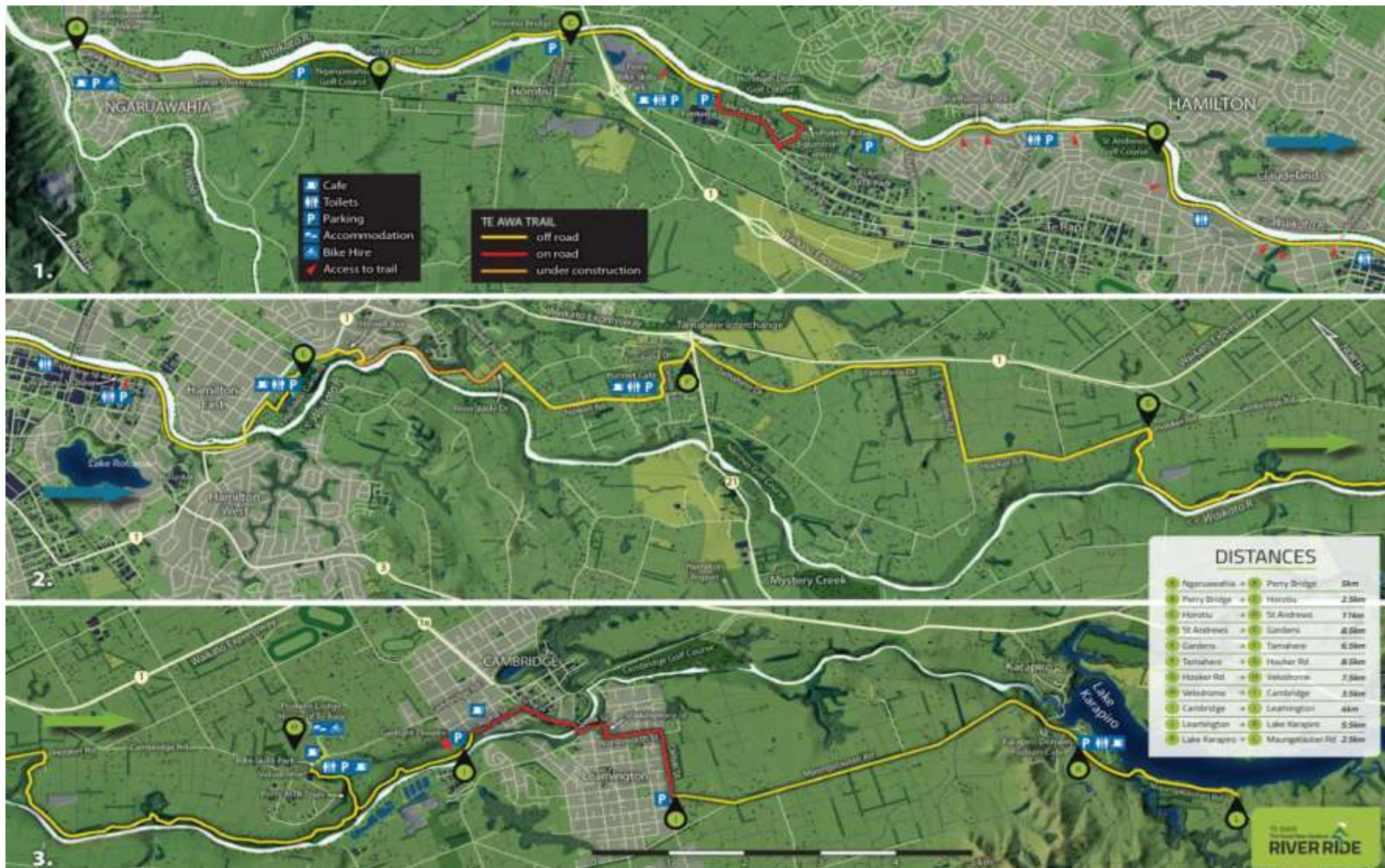


Website	Contact	Contact Details
www.te-awa.org.nz	Sarah Ulmer Trail Manager	info@te-awa.org.nz +64 27 776 6737

City, Town, Country – Connected.

Trail Grade 	Grade 1-2 The longest concrete trail of its kind in NZ, Te Awa River Ride is a 65km grade 1-2 trail between Ngāruawāhia and Lake Karapiro.
Length	65kms
General Ride Time	You can pick any of the three sections as day rides – average 2 hours (one way). Alternatively, you can ride the entire network (one way) over a day or 2: <ul style="list-style-type: none"> • Single day - average 5 hours, • Multi day - average 2-3 hours per day.
Location	Located in the Waikato, the trail connects Ngāruawāhia, Hamilton, Cambridge, and Lake Karapiro. With stunning river views, impressive bridges and boardwalks and world-class concrete construction, you are never more than a few kms away from a coffee, while feeling miles away from anywhere.
Logistics	Most riders complete the journey one way using the shuttle providers.
Seasons	All year. Riders in winter need to be prepared for cooler/wet conditions with correct gear. In summer be prepared for hot temperatures with adequate hydration/sun protection.
Support Material	Maps are available free of charge on official website or on request from our official trail partners and local i-Sites.

TE AWA RIVER RIDE TRAIL MAP





TE AWA RIVER RIDE TRAIL GUIDE INFORMATION

Section	Distance/Est Time Reqd.	Trail Grade	Trail Highlights
Ngāruawāhia to Hamilton (Lower Waikato Esplanade, Ngāruawāhia to the Hamilton Gardens)	25km Approx: 1.5 to 2 hours	1-2	Ngāruawāhia is the beginning of your journey! You'll start opposite the significant Tūrangawaewae marae, home of the Māori King and wind your way along the mighty Waikato River for most of the way to Hamilton! Shuttle options at start/finish
Hamilton to Cambridge (Hamilton Gardens to the Gaslight Theatre, Cambridge)	27km Approx: 1.5 to 2 hours		The route between Hamilton and Cambridge is full of variety! You'll pass through native bat colonies, traverse gullies, cross bridges, and elevated boardwalks amidst plenty of civilisation and coffee opportunities! Take a short detour (2km return) to watch NZ's Olympic cyclists at the world-class Velodrome! Shuttle options at start/finish and Tamahere (for shorter option).
Cambridge to Lake Karapiro Gaslight Theatre, Cambridge to Lake Karapiro	13km Approx: 45mins to 1 hour	1-2	As you leave Cambridge, you'll travel past the homes of some of New Zealand's finest racehorses on your way to Lake Karapiro – home to New Zealand's finest rowers! Look out for foals in paddock and rowers on the Lake and make time to stop for a rest or refreshments on the shores of our stunning Lake Karapiro! Shuttle options at start/finish and Velodrome, Cambridge (for shorter option)



TE AWA RIVER RIDE TRAIL PARTNERS

Trail Partners	Services Offered / Location
<p>Riverside Adventures - Waikato</p> 	<p>Location: Cambridge Town Hall, Cambridge Riverside Adventure Base, 362 Horohora Rd, Piarere</p> <p>Services:</p> <ul style="list-style-type: none"> • MTB and e-Bike Hire • Shuttles (scheduled and bespoke) • Car transfer/relocation • Multi-day packages • Discounted group rates <p>CONTACT DETAILS: Memorie Brooky www.riversideadventures.co.nz info@riversideadventures.co.nz Phone: 0800 287 448 +64 27 728 7448</p>
<p>River Riders</p> 	<ul style="list-style-type: none"> • Ngāruāwahiā Squash Club, Lower Waikato Esplanade, Ngāruawāhia 3720 • Gate 2, Camellia carpark, Hamilton Gardens • Victoria Square, Corner of Alpha St & Dick St, Cambridge 3434 <p>Services:</p> <ul style="list-style-type: none"> • Tours and Packages (Hamilton Gardens & Jetboat Combo) • Cultural Tours • E-Bike and e-Trike hire • Trailer and bike rack hire • Corporate and team building experiences. <p>CONTACT DETAILS: Dee Tairaki www.riverriders.co.nz rentals@riverriders.co.nz +64 27 265 5504</p>

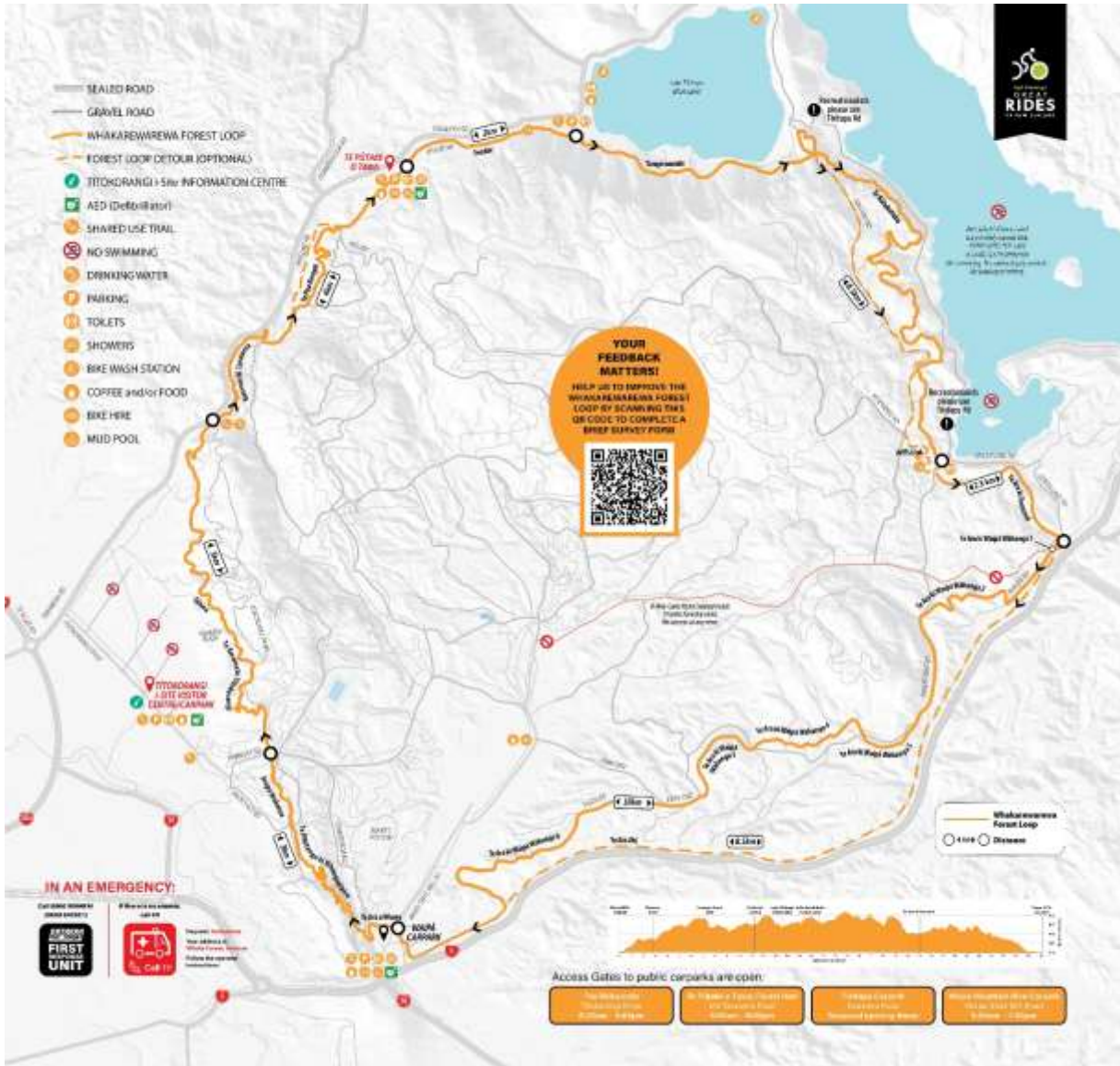
WHAKAREWAREWA FOREST LOOP

Website	Contact	Contact Details
rotoruanz.com/whakarewarewa-forest-loop	Simon Alefosio-Tuck	simon.alefosio-tuck@rotorualc.nz

New Zealand's Newest Great Ride.


Trail Grade	<p>Grade 2</p> <p>Being mostly a Grade 2 track with a couple Grade 3 sections mixed in, the Loop is designed to be accessible for almost all ages, abilities, and fitness levels, as long as you're a confident rider.</p> <p>The trail has been receiving rave reviews. Riders love the variety of uphill, downhill, and flat sections that are interesting, fun, and fairly easy to navigate.</p>
Length	<p>33kms</p> <p>The Loop is a 33km circular, mostly one-way (clockwise) mountain biking trail located in Whakarewarewa Forest (aka The Redwoods) just 10 minutes (by car) from the city centre, making it super quick and easy to get to and fit around your other sightseeing activities.</p>
General Ride Time	<p>Average 4-5 hours</p> <p>Check out the Day Rides section of the Whakarewarewa Forest Loop website on the NZCT webpage for shorter options available.</p>
Location	Rotorua
Logistics	We recommend starting at either Te Pūtaka o Tawa carpark on Tarawera Road, or Waipa carpark off State Highway 5, as both hubs offer plenty of car parking.
Seasons	<p>All year.</p> <p>The forest canopy helps shelter you from cold winter winds and the hot summer sun. The volcanic soil throughout the forest benefits from great drainage, so even after a heavy rain, the trails are rideable shortly afterwards.</p>
Support Material	We suggest grabbing a trail map from one of our three Rotorua i-Site Visitor Information Centres, including the newest one at the Waipa Mountain bike hub.

WHAKAREWAREWA FOREST LOOP TRAIL MAP



WHAKAREWAREWA FOREST LOOP TRAIL GUIDE INFORMATION

Section	Distance / Est Time Reqd.	Trail Grade	Trail Highlights
Whakarewarewa Forest Loop	33km 3 - 5 hours	3	<ul style="list-style-type: none"> • Stop at one of the many purpose-built stopping points along the way offering variety and culture and outstanding views. • Stop and have an ice cream beside the Blue Lake. • Check out the amazing views of multiple lakes. • Ride through the beautiful Redwoods.

Trail Partner	Services Offered / Location
<p data-bbox="156 309 359 369">Mountain Bike Rotorua</p> 	<p data-bbox="432 293 1449 353">Ready to enjoy one of the most popular mountain bike parks in the world? Want to experience what all the hype is about?</p> <p data-bbox="432 376 1453 562">Then join our Whakarewarewa Forest Mountain Bike Tour for your introduction to riding in this world-renowned bike park. We begin our adventure by fitting bikes and helmets to suit; and undergo a short safety and bike instruction briefing. Your professional guide will host you through more than 200kms of purpose-built tracks tailored to all skill levels for a 3-4-hour ride suited to your ability.</p> <p data-bbox="432 584 1437 678">With over 20 years' experience and genuine adventure industry leaders at the helm of MDA, it is no wonder that our team has become the company of choice for those wanting a bespoke adventure tour.</p> <p data-bbox="432 701 1458 757">Whatever you want to do, get in touch with us and if it's legal, we will make it happen.</p> <p data-bbox="432 779 727 808"><u>CONTACT DETAILS:</u></p> <p data-bbox="432 813 778 949"> Takurua Mutu www.mtbrotorua.co.nz tak@mdanz.com +64 7 348 4295 </p>
<p data-bbox="140 1003 371 1064">New Zealand Mountain Biking</p> 	<p data-bbox="432 992 1442 1149">Based in Rotorua, the beating heart and capital of biking in New Zealand, New Zealand Mountain Biking offers first class half day guided biking adventures and bike coaching in the Redwoods. When you join a New Zealand Mountain Biking trip, you'll be joining a team of people dedicated to ensuring your Redwoods experience is authentic and exciting.</p> <p data-bbox="432 1171 1426 1227">We'll roll out the red carpet with all the extras that make a half day or full days biking truly memorable.</p> <p data-bbox="432 1249 727 1279"><u>CONTACT DETAILS:</u></p> <p data-bbox="432 1283 1018 1458"> Jamie Garrod www.newzealandmountainbiking.com info@newzealandmountainbiking.com +64 22 600 6562 S: NewZealandMountainBiking </p>
<p data-bbox="124 1496 284 1525"><u>Track & Trail</u></p> 	<p data-bbox="432 1496 1417 1753">Based in Rotorua, Track & Trail offers transport, accommodation, food and support on the awesome cycle trails of the central North Island, NZ. Our itineraries are aimed at creating fun and flowing cycle adventures while showcasing natural history, cultural, geothermal and man-made places of interest along the trails. Our trips suit most bike styles except road bikes and our riders are all ages. E-bikes are welcome. Some fitness and biking experience will make for a more fun adventure. Groups of up to 11 people can be accommodated.</p> <p data-bbox="432 1765 735 1921"> Contact Details, Peter Mitchell ride@trackntrail.co.nz trackntrail.co.nz/ 0212171495 </p>

Tuned Rotorua



Tuned Rotorua was founded from a genuine passion for mountain biking and a desire to share that expertise with others. Built on years of experience and a commitment to rider progression, Tuned Rotorua delivers high-quality skills clinics designed to support riders of all levels.

The team is dedicated to helping every rider improve their confidence, capability, and enjoyment on the trails. With a strong belief in following your passion and focusing on the small details that make a big difference, Tuned Rotorua creates meaningful, memorable riding experiences that elevate every journey.

Contact Details

Louis Hamilton

louis@tunedrotorua.co.nz | info@tunedrotorua.co.nz

tunedrotorua.co.nz/

027 739 2077



MOTU TRAILS

Website	Contact	Contact Details
www.motutrails.co.nz	Jim Robinson Trail Manager	jim@motutrails.co.nz +64 20 4069 3890

BE SET FREE!

Trail Grade	Grade 2 - 4 Choose from a range of very different experiences, from spectacular coastal trail to historic backcountry road, and epic forest trail.
Length	<ul style="list-style-type: none"> • Dunes Trail 9km (18km return) • Motu Road 55km • Pakihi Track 20km singletrack plus 23km gravel and sealed road to Opotiki. • Rere Falls Trail 95km sealed and gravel roads plus 9km of trail.
General Ride Time	Different trail options suit different tastes and skill-levels, with rides from a couple of hours to several days. Trails are shared use, with walkers and runners welcome, as well as cyclists.
Location	<ul style="list-style-type: none"> • Opotiki • Motu • Matawai • Rere • Gisborne
Seasons	<p>All year.</p> <p>The coastal Bay of Plenty and Tairāwhiti Gisborne typically have mild weather. Inland to Motu and Matawai, and on parts of the Pakihi, the altitude of the trails varies between 300 and 750 metres, so it can get cold and misty in winter. Very occasionally it snows. However, in settled weather it is spectacular even in mid-winter.</p> <p>Always be prepared with warm clothing and wet weather gear. In summer, across the region, it is common to have daytime temperatures of 18 - 25°C.</p>
Support Material	You can get printed Trail Maps from Whakatāne, Ōpōtiki or Gisborne i-Site Visitor Information Centres. For the latest news, photos, and track updates check out Motu Trails on Facebook or Instagram.



MOTU TRAILS MAP



MOTU TRAILS GUIDE INFORMATION



Section	Distance/ Est Time Reqd.	Trail Grade	Trail Highlights
Dunes Trail	9km	2	<ul style="list-style-type: none"> • Dunes Trail is mostly ridden as an out-and-back trip from Opotiki, taking 2-3 hours. • Some ride Dunes Trail as part of a longer journey, heading on to Motu Road. • Dunes Trail can be walked and is suitable for many adaptive bikes (contact jim@motutrails.co.nz first for info). • Accommodation in Opotiki and the wider district.
Motu Road	55km	3	<ul style="list-style-type: none"> • Motu Road can be ridden in either direction. • It's very hilly, with 48km of brilliant, remote gravel road. • Accommodation at Motu village. • The ride takes from four hours to two days. • Motu Road links with Pakihi Track, the on-road Rere Falls Trail, and the Dunes Trail.
Pakihi Track	20km	4	<ul style="list-style-type: none"> • Pakihi Track is one way only for cycling, starting from Motu Road. • It can be walked in either direction. • The track is usually ridden in 2.5-4 hours or walked in 5-8 hours, with a hut midway. • A longer journey can be created by linking the other trails. • Please note, Pakihi Track is an advanced grade track with steep drops and dynamic terrain, so it is essential to find out about the ride before tackling it. Visit the web site or contact jim@motutrails.co.nz for information.
Rere Falls Trail	95km	3	<ul style="list-style-type: none"> • Rere Falls Trail is an on-road journey, except for 9km on the Coastal Waipaoa River Trail near Gisborne. • Like Motu Road, it's hilly, and it has spectacular farmland views. • Rere Falls, Rere Rockslide and Eastwoodhill Arboretum are highlights of Rere Falls Trail. • There's accommodation on the way and in Gisborne and the full ride takes most people 1-2 days.

Trail Partner	Services Offered / Location
<p>Cycle Gisborne</p> 	<p>Cycle Gisborne offers an awesome selection of: Bike Hire Shuttles (min number applies) Guided tours and supported trips Support for Kōpiko Aotearoa riders</p> <p>Raukumara Traverse 4 Day Suitable for year-round travel Spectacular in autumn and spring Grade 3 – Intermediate This four-day escape traverses the Raukumara Ranges. The Dunes Trail takes you along stunning coastal dunes, Motu Road Trail rises through magnificent forest and historic farmland, Pakihi Track is a unique forest adventure, and Rere Falls Trail is a superb Heartland Ride. You'll experience stunning scenery and nature during this remote journey. The tour takes you over 175 kilometres of quiet rural roads towards Tairāwhiti Gisborne. There are many spectacular waterfalls such as Motu Falls, Champagne Falls (guided excursions only), Rere Rockslide, and Falls on the route. Eastwoodhill Arboretum, the National Arboretum of New Zealand is a highlight, as are some of Tairāwhiti Gisborne's finest wineries. The tour is slow-paced to enjoy the cycling and walking opportunities along the way. The tour is available mostly supported.</p> <p>CONTACT DETAILS: Katrina Duncan www.cyclegisborne.com info@cyclegisborne.com +64 6 927 7021</p>
<p>Motu Trails Hire & Shuttle</p>	<p>Motu Trails Hire & Shuttle offers rider shuttles with options to suit group (min group number applies). Based near Opotiki.</p> <p>CONTACT DETAILS: John Maynard www.0800motutrails.nz +64 7 929 7564 / 0800 66 88 87</p>
<p>Ōpōtiki isite</p> 	<p>Ōpōtiki isite has two ebikes and two standard MTB bikes available for hire</p> <p>Contact Details: Phone: +64 7 315 3031 Email: infocentre@odc.govt.nz W: opotikin.z.co.nz/visit/opotiki-isite</p>

WAIKATO RIVER TRAILS

Website	Contact	Contact Details
waikatorivertrails.co.nz	Glyn Wooller Trail Manager	gwooller@waikatorivertrails.com +64 276 429 399

Follow the River, Follow the Arts, Follow the Adventure!

Trail Grade	Grade 3 – 4 Riders should be fit and experienced to tackle the full journey. There are some short options available.
Length	104km, split into 5 separate sections.
General Ride Time	Choose any one of the five sections as day rides or ride the entire network over 2 - 3 days.
Location	Divided into five sections, each trail is named after the lake the trail is connected to, and most who undertake the whole trail ride from the south to the north, following the river downstream (which isn't all downhill!). The Trails follow the river starting in the south from Atiamuri Village, passing through Whakamaru, Mangakino and Arapuni Villages before finishing at the southern end of lake Karapiro in the North.
Logistics	For those choosing to ride individual sections, riding in either direction is an option. Most independent riders can complete the journey as an out and back. For those wanting shuttles/tours, individual providers provide full itineraries and support.
Seasons	All year. Riders in winter need to be prepared for cooler/wet conditions with correct gear. In summer be prepared for hot temperatures with adequate hydration/sun protection.
Support Material	Maps are available free of charge on request or from our official trail partners.

WAIKATO RIVER TRAILS MAP



River Trail Map

Waikato River Trails

Follow the mighty Waikato River as it twists and turns alongside 104km of trail. Divided into five sections, varying in skill level and with multiple access points, we make it easy to tailor a journey that's just right for you.

Section Information

- 1. Karapiro**
 Intermediate Grade 11.5km
- 2. Arapuni**
 Advanced Grade 34.8km
- 3. Waipapa**
 Advanced Grade 19.6km
- 4. Maraetai**
 Intermediate Grade 12.3km
- 5. Whakamaru**
 Intermediate Grade 26km





www.waikatorivertrails.co.nz
 Ph: 0800 874 978

WaikatoRiverTrails1
 WaikatoRiverTrails



WAIKATO RIVER TRAILS GUIDE INFORMATION

Section	Distance/ Est Time Reqd.	Trail Grade	Trail Highlights
1. Karapiro Section	12.5km 1.5 – 2 hours	2-3	<ul style="list-style-type: none"> • The Rhubarb Café in Arapuni village a popular amongst hikers and cyclists to fuel up beforehand. • Cross the historic Arapuni Suspension Bridge. As one of the longest suspension bridges in the county with a span of 152.4 metres, and suspended 54 metres above the river, the spectacular birds-eye views of the dam, river and forest are a thrilling highlight not to be missed – unless you're afraid of heights! • Huihuitaha Wetland, a 500m continuous boardwalk. This wetland is lush with indigenous plants, and is a habitat for Herons, Crakes, the native Fern Bird, and other species that live solely in New Zealand. • Amazing sculptures and viewing frames
2. Arapuni Section	34.6km 4 – 6 hours	3-4	<ul style="list-style-type: none"> • A great starting point at the historic Arapuni Suspension Bridge. • Enroute to Arohena Campground (Dept of Conservation site)
3. Waipapa Section	19km 2.5 – 4 hours	3-4	<ul style="list-style-type: none"> • Waipapa Dam that is one of the few dams with public access available – and enjoy the spectacular river views. • Step into the viewing platform enclosure providing spectacular views of the Maraetai I and Maraetai II dams and power stations – incredible feats of 1950s engineering. • Pass by the remnants of the old concrete plant that was used to build the dam.
4. Maraetai Section	12km 1 – 2.5 hours	2-3	<ul style="list-style-type: none"> • Cross the 70m Mangakino Suspension Bridge which is the mid-way point between Whakamaru and Mangakino, providing stunning views of the river and forest. • Amazing viewing frames for great photo moments.
5. Whakamaru Section	26km 3 - 4 hours	2-3	<ul style="list-style-type: none"> • “Stairway to heaven” – the Ongaroto Bluffs staircase with five flights of steep steps and take in the heavenly 360° view. • Amazing sculptures and viewing frames.

Trail Partner	Services Offered / Location
<p>River Riders</p> 	<p>e. Bike hire and shuttle services</p> <p><u>CONTACT DETAILS:</u> Dee Tairaki www.riverriders.co.nz rentals@riverriders.co.nz +64 27 265 5504</p>
<p>Van Dyks Bikes</p> 	<p>Bike services</p> <p><u>CONTACT DETAILS:</u> www.vandyks.co.nz bike@vandyks.co.nz +64 7 883 7209</p>
<p>Mangakino Shuttle Service</p> 	<p>Shuttles and logistics</p> <p><u>CONTACT DETAILS:</u> Peter Shelton www.mangakinoshuttleservice.co.nz adxperience@xtra.co.nz +64 274 737 496</p>
<p>Track & Trail Cycle Adventures</p> 	<p><u>Track & Trail's Central North Island 5-day tour</u> Giving you an overview of four of the Great Rides amazing trails available on the North Island's central volcanic plateau.</p> <ul style="list-style-type: none"> • Waikato River Trails (1 day) • Timber Trails (2 days) • Great Lake Trail (1 day) • Whakarewarewa Trail (1 day) <p>Apart from 5 days of fantastic riding, they will be showing you many of the points of interest: hydro and geothermal features, waterfalls, hot pools, Māori and natural history, secluded swimming spots, staying at quality accommodation and eating great food.</p> <p>Departing and returning to Rotorua with loads of fun in between.</p> <p><u>CONTACT DETAILS:</u> Peter www.trackntrail.co.nz ride@trackntrail.co.nz +64 212 171 495</p>

Trail Partner	Services Offered / Location
<p data-bbox="188 271 368 360">Riverside Adventures – Waikato</p> 	<p data-bbox="440 387 783 416"><u>2-day Waikato River Trail</u></p> <p data-bbox="440 421 1417 512">Embark on a self-guided cycle tour on the Waikato River Trail, and relax knowing your hardtail mountain bike hire, shuttle transfers, accommodation and some meals are covered!</p> <p data-bbox="440 517 1225 546">Trail Sections: Atiamuri – Mangakino – Waipapa – Arapuni</p> <p data-bbox="440 566 587 595">Inclusions:</p> <ul data-bbox="475 600 1171 725" style="list-style-type: none"> • All shuttle and luggage transfers over two days • Ebike hire for two days with pannier & PLB hire. • One night's accommodation in Mangakino • Meals: one breakfast <p data-bbox="440 745 746 775"><u>4-day Central Stunner</u></p> <p data-bbox="440 779 1442 969">The ultimate bike tour! Join us on an epic 4-day adventure taking on two of NZ's iconic cycle trails - Waikato River Trail and Timber Trail! Come and see what the central North Island has to offer, from the mighty Waikato River to ancient forests and thrilling suspension bridges – this package is well suited to those wanting to get off the beaten track. Suitable for intermediate riders, or for those with a moderate to high fitness level.</p> <p data-bbox="440 990 587 1019">Inclusions:</p> <ul data-bbox="475 1023 1390 1254" style="list-style-type: none"> • 4 x nights' accommodation (2x Mangakino, 1x Pureora Forest, 1x Piarere/Cambridge) • 2 x breakfast (potentially 4 depending on accommodation) • 2 x lunches • All shuttle transport and luggage transfers • PLB (Personal Locator Beacon) and Pannier Hire • 4 hour Guided Twilight Glowworm Kayak Tour with back rest. <p data-bbox="440 1285 754 1314"><u>4-Day Ride the Waikato</u></p> <p data-bbox="440 1319 1426 1411">Embark on a breathtaking journey through the heart of the Waikato with our 4-day self-guided package. Ride two iconic trails, the Waikato River Trail and Te Awa River Ride</p> <p data-bbox="440 1415 587 1444">Inclusions:</p> <ul data-bbox="475 1449 1394 1610" style="list-style-type: none"> • All shuttle and luggage transfers over 4 days. • 1x night accommodation in Mangakino, 2 x nights in Cambridge • PLB hire. • Meals: 2-3 x breakfast depending on choice of Cambridge accommodation <p data-bbox="440 1648 563 1677"><u>Location:</u></p> <p data-bbox="440 1682 1166 1747">Cambridge Town Hall, Cambridge Riverside Adventure Base, 362 Horohora Rd, Piarere</p> <p data-bbox="440 1785 724 1814"><u>CONTACT DETAILS:</u></p> <p data-bbox="440 1818 900 1993">Memorie Brooky www.riversideadventures.co.nz info@riversideadventures.co.nz Phone: 0800 287 448 +64 27 728 7448</p>



HAWKES BAY TRAILS

Website	Contact	Contact Details
www.hbtrails.nz	Vicki Butterworth Trail Manager	vicki.butterworth@hbrc.govt.nz +64 6 835 9200

Widely regarded as New Zealand's best hub and spoke ride.

Trail Grade	Grade 1 – 3 Trail is easy, mostly off-road trails. Riders should be fit and able to ride confidently. Trails itineraries can be selected to suit clients taste for experiences.
Length	177kms
General Ride Time	1-3 days. Average 4-5 hours per day.
Location	Hawke's Bay, situated on East Coast of New Zealand's North Island. The trails connect the cities of Napier, Havelock North, and Hastings and traverse New Zealand Great Wine Capital of Hawke's Bay.
Logistics	Most independent riders can complete the journey using a series of loops (hub and spoke network). For those wanting tours, individual providers provide full itineraries and support.
Seasons	All year. Riders in winter need to be prepared for cooler/wet conditions with correct gear. In summer be prepared for hot temperatures with adequate hydration/sun protection.
Support Material	Maps are available free of charge on official website or on request from our official trail partners, local i-Site's, and Hawke's Bay Tourism. The website has digital maps and apps

HAWKE'S BAY TRAILS MAP – showing Hub and Spoke Style

Orange: Water Ride Yellow: Winery Ride Green: Landscape Ride



Latest version of maps www.hbtrails.nz








HAWKES BAY TRAIL GUIDE INFORMATION






Section	Distance / Est Time Reqd.	Trail Grade	Trail Highlights
Water Ride (Orange)	65km	1	<ul style="list-style-type: none"> • Traverse around the Ahuriri harbour, and beside rivers, to loop around Napier, where you can visit country pubs, wineries and cafes. • Ride around the Poraiti foothills, to experience the rich history of the area, including the historic maritime beacons, the culturally and archaeologically significant Māori history of Rorookuri Island and the land rising after the 1931 earthquake. • A bird watchers paradise, spot rare migrating birds and native species from the bird hides around the wetlands. • Ride along the iconic Marine Parade to enjoy family friendly activities and playgrounds. The trail stretches beside the Pacific Ocean, to Waitangi Regional Park, visit the stunning Star Compass, Ātea A Rangī. Learn about how Māori ancestors used the sun, moon, and stars to navigate the Pacific Ocean on sailing canoes known as waka.
			<p><u>Bike Tour/Hire Operators:</u></p> <ul style="list-style-type: none"> • Napier City Bike Hire • Takaro Trails <p><u>Accommodation Providers:</u></p> <ul style="list-style-type: none"> • Kennedy Park Resort Napier



Section	Distance / Est Time Reqd.	Trail Grade	Trail Highlights
Wineries Ride (Yellow)	30 – 60km	1-2	<ul style="list-style-type: none"> • Simply the best way to experience our vineyards and renowned Gimblett Gravel/Bridge Pa Triangle terroir, heart of NZ's Great Wine Capital. • Historic 'Oak Avenue' – majestic any time of year. • Enjoy riding beside the vineyards and breathtaking views at Roy's Hill Reserve. • Highlights include cellar doors, cafes and wineries dotted along the trail.
			<p><u>Bike Tour Operators:</u></p> <ul style="list-style-type: none"> • Napier City Bike Hire / Takaro Trails
Landscapes Ride (Green)	82km	1-3	<ul style="list-style-type: none"> • Cycle through the Waitangi Regional Park wetlands and along the scenic Cape Coast to Cape Kidnappers, spotting birdlife in this breeding sanctuary. • Enjoy award-winning wineries, cafés, and restaurants along the way. Loop back via the Tukituki River trail past vineyards, olive groves, and Te Mata Peak views. • Highlights include top wineries like Askerne, Black Barn, Clearview, Craggy Range, and Elephant Hill. Expect some hills, rewarded with breathtaking views over the Heretaunga Plains.
			<p><u>Bike Tour/Hire Operators:</u></p> <ul style="list-style-type: none"> • Napier City Bike Hire • Takaro Trails <p><u>Accommodation Providers:</u></p> <ul style="list-style-type: none"> • Black Barn Retreats • Craggy Range Vineyard • Porters Boutique Hotel

Trail Partner	Services Offered / Location
<p>Napier City Bike Hire & Tours</p>  	<ul style="list-style-type: none"> • Bike Hire • Shuttle bus return to Napier • Self-Guided bike tours and supported trips <p>Napier City Bike Hire & Tours offers self-guided day tours through scenic landscapes and top wineries. Enjoy expert tips, maps, and hassle-free service—including bike hire, gear, and shuttle transport—so you can relax, explore, and savour the best of Hawke's Bay without cycling back.</p> <p>CONTACT DETAILS: bikehirenapier.co.nz ride@bikehirenapier.co.nz +64 800 245 344 117 Marine Parade, Napier South, Napier 4110</p>
<p>Tākaro Trails Cycle Tours</p>  	<ul style="list-style-type: none"> • One day rides or multi-day bike tours to wineries • Casual bike hires and shuttles • Quality touring bikes and helmets for all • Experienced and knowledgeable staff • On-ride back-up and support • Pickups from your accommodation <p>Tākaro Trails Cycle Tours has lots of experience providing individuals, groups, and families everything they need to see, explore, and experience the best of the Hawke's Bay by bike.</p> <p>CONTACT DETAILS: www.takarotrails.co.nz info@takarotrails.co.nz +64 800 825 276 9 Nelson Quay, Ahuriri, Napier 4110</p>
<p>Kennedy Park Resort Napier</p>   	<p>Kennedy Park Resort offers family-friendly fun with a playground, jumping pillow, gym, sky theatre, entertainment room, free Wi-Fi, and a heated pool complex with a kids' fountain pool. Choose from a wide range of accommodation, from villas to campsites, and enjoy easy dining at the onsite Storkey's Restaurant and bar.</p> <p>CONTACT DETAILS: kennedypark.co.nz info@kennedypark.co.nz +64 6 843 9126 11 Storkey Street, Marewa, Napier 4110</p>

Trail Partner	Services Offered / Location
<p>Black Barn Retreats</p>  	<p>Choose from seventeen unique, self-contained luxury retreats, each offering character, style, and total privacy. Enjoy award-winning food and wine at the Bistro with stunning Hawke's Bay views and discover limited-release wines available exclusively at the Cellar Door.</p> <p>CONTACT DETAILS: www.blackbarn.com info@blackbarn.com +64 6 877 7985 34 Black Barn Road, Havelock North 4294</p>
<p>Porters Boutique Hotel</p>  	<p>Porters Boutique Hotel offers 4.5-star luxury accommodation in Havelock North, near Napier and Hastings. Relax in elegant rooms with classic furnishings and local artwork, and enjoy attentive service in a stylish, intimate setting that captures the charm of Hawke's Bay.</p> <p>CONTACT DETAILS: www.portershotel.co.nz reservations@portershotel.co.nz +64 6 877 1234 4 Te Aute Road, Havelock North 4130</p>
<p>Craggy Range</p>  	<p>Experience luxury vineyard accommodation in Hawke's Bay with boutique cottages and lodges overlooking the Tukituki River. Dine at our award-winning restaurant, led by Head Chef Casey McDonald, and enjoy seasonal dishes paired with Craggy Range wines. Visit the Cellar Door to explore our exceptional wines from Hawke's Bay, Martinborough, and Marlborough.</p> <p>CONTACT DETAILS: craggyrange.com +64 6 873 7126 253 Waimarama Road, Havelock North 4294</p>
<p>Ocean Spa</p> 	<p>Relax and recharge at Ocean Spa, Napier's top heated pool and fitness complex. Enjoy open-air, ocean-view pools, a therapeutic pool with jets, a 25-metre lap pool, and spacious outdoor spas. Refuel at the Bach Café with great food, coffee, and views. Ocean Spa is your go-to for fitness, relaxation, and stunning scenery.</p> <p>CONTACT DETAILS:</p>

Trail Partner	Services Offered / Location
	<p>www.oceanspanapier.co.nz +64 6 835 8553 42 Marine Parade, Bluff Hill, Napier 4110</p>
<p>National Aquarium of New Zealand</p>  	<p>Located on Napier's Marine Parade, the National Aquarium of New Zealand features diverse marine and land animal exhibits from around the world. Just a short walk or ride from the city centre, highlights include Penguin Cove and a 1.5 million litre oceanarium tunnel with native sea life swimming overhead.</p> <p>CONTACT DETAILS: www.nationalaquarium.co.nz +64 6 834 1404 546 Marine Parade, Napier South, Napier 4110</p>
<p>Arataki Honey Visitor Centre</p>  	<p>Visit the Arataki Honey Visitor Centre in Havelock North for a free, self-guided tour offering a fascinating look into honeybees and honey production. Explore observation hives up close, learn about bee life, and try spotting the Queen Bee—all at the original 1944 site near Te Mata Peak.</p> <p>CONTACT DETAILS: www.aratakihoney.co.nz shop@aratakihoney.co.nz +64 6 8777300 66 Arataki Road, Havelock North, Hawke's Bay</p>

GREAT LAKE TRAILS

Website	Contact	Contact Details
greatlaketrail.co.nz	Marion Ross Admin	bike@biketaupo.org.nz





RIDE THE RIM OF A SUPER VOLCANO!

Trail Grade	Grade 3 Flowing off road trails built for mountain bikers that wind around the inlets and headlands of the northern section of Lake Taupo.
Length	87.2km, separated into three sections. Note there are an additional 100km quality single track available to ride around Taupō and the wider Taupō District.
General Ride Time	Ride all three sections over two to three days or pick individual rides according to your fitness, experience, and available time.
Location	Taupō Kinloch Waihaha
Logistics	For those choosing to ride individual sections, riding in either direction is an option. Most independent riders can complete the journey as an out and back. For those wanting shuttles/tours, individual providers provide full itineraries and support. The Waihaha section finishes with a boat transfer back to Kinloch.
Seasons	All year riding on free-draining pumice soil. Riders in winter need to be prepared for cooler/wet conditions with correct gear. In summer be prepared for hot temperatures with adequate hydration/sun protection.
Support Material	Maps are available on request or from local i-Sites and our official trail partners.



GREAT LAKE TRAILS GUIDE INFORMATION

Section	Distance/ Est Time Reqd.	Trail Grade	Trail Highlights
Waihaha Section	30 km 3 – 5 hours	3	<ul style="list-style-type: none"> Starting with a shuttle from Kinloch to Waihaha and ending with a boat taxi ride back to Kinloch. Follows the Waihaha River with striking rocky formations giving great views over the volcanic landscape. Visit the spectacular Tieke Falls. Scenic views across the Lake to the volcanoes of Tongariro National Park Enjoy a refreshing dip at Waihora Bay while waiting for your boat.
Kawakawa Section	32 km 4 – 5 hours	3	<ul style="list-style-type: none"> Great loop ride! Ride through stunning native wetlands, over boardwalks and ravines enjoying an abundance of delightful birdlife. Beautiful Kawakawa Bay is a great halfway point to stop for a snack and a dip in the lake. Anti clockwise riding is popular for providing the best 'reveals' around the lake edge. Stop for an ice-cream in Kinloch. Shuttle options available for a 20km shorter ride (Orakau to Kinloch).
Whakaipo Section	23 km 4 – 5 hours	3	<ul style="list-style-type: none"> Can start and finish in Kinloch or Whakaipo Bay. Ride through native bush to the headland to meet the aptly names Headland Loop which offers stunning views out over Tongariro National Park and the Kaimanawa Ranges. Several options to choose from for a great day ride with shuttle options available for shorter 14km ride (skipping the Headland Loop).

Trail Partner	Services Offered / Location
<p>Venture Beyond</p> 	<p>Water taxi services from Kinloch around Lake Taupō.</p> <p>CONTACT DETAILS: Ian Cammell venturebeyond.nz info@venturebeyond.nz +64 27 829 4228</p>
<p>Four B</p> 	<p>Bike hire, accommodation, transport to the Great Lake Trails and wider, booking of boat shuttles as well.</p> <p>CONTACT DETAILS: Jonny Clapcott fourb.nz jonny@fourb.nz +64 21 023 63439</p>
<p>Whakaipo Shuttle & Lodge</p> 	<p>Accommodation, bike hire and shuttle transport.</p> <p>CONTACT DETAILS: Garth & Angie London whakaipolodge.co.nz/ bookings@whakaipolodge.co.nz +64 22 547 0399 / +64 7 378 9298</p>
<p>Tongariro River Rafting</p> 	<p>Rafting, transport, and bike hire</p> <p>CONTACT DETAILS: Garth Oakden trr.co.nz info@trr.co.nz 0800 10 10 24</p>



TIMBER TRAIL NZ

Website	Contact	Contact Details
Timbertrail.nz	Lynley Twyman Trail Champion	lynley@franklydone.co.nz info@timbertrail.nz +64 21403036

WIDELY REGARDED AS NEW ZEALAND'S BEST TWO-DAY ADVENTURE RIDE

Trail Grade	Grade 3 Trail is remote. Riders should be fit and experienced to tackle the full journey. There are shorter ride options available.
Length	84kms Total ascent 1,412m Total descent 1,765m
General Ride Time	Two-days. Average 4-5 hours per day.
Location	Pureora Forest Park, situated between Taupō, Te Kuiti and Taumarunui
Logistics	Most independent riders complete the journey using a shuttle from Ongarue to Pureora, then riding to Piropiro mid-ride accommodation and back to their vehicle or transfer at Ongarue.
Seasons	All year. Riders in winter need to be prepared for the sub alpine conditions with correct gear.
Accommodation (See partner information below for more)	Mid ride accommodation: <ul style="list-style-type: none"> • Timber Trail Lodge – off grid full-service offer. • Black fern Lodge – full or self-catering options • Camp Epic – Self-catering glamping and camping
Support Material	Maps are available free of charge on request or from our official trail partners.
Land Managers	Pureora Forest Park is managed by the Dept of Conservation (concessions apply where applicable) The Timber Trail is a partnership and works closely with our iwi and community partners.

BACKGROUND:

The Timber Trail opened as a Great Ride in March 2013, bringing together a two-day adventure ride that spans 84kms, across thirty-five bridges include eight suspension bridges.

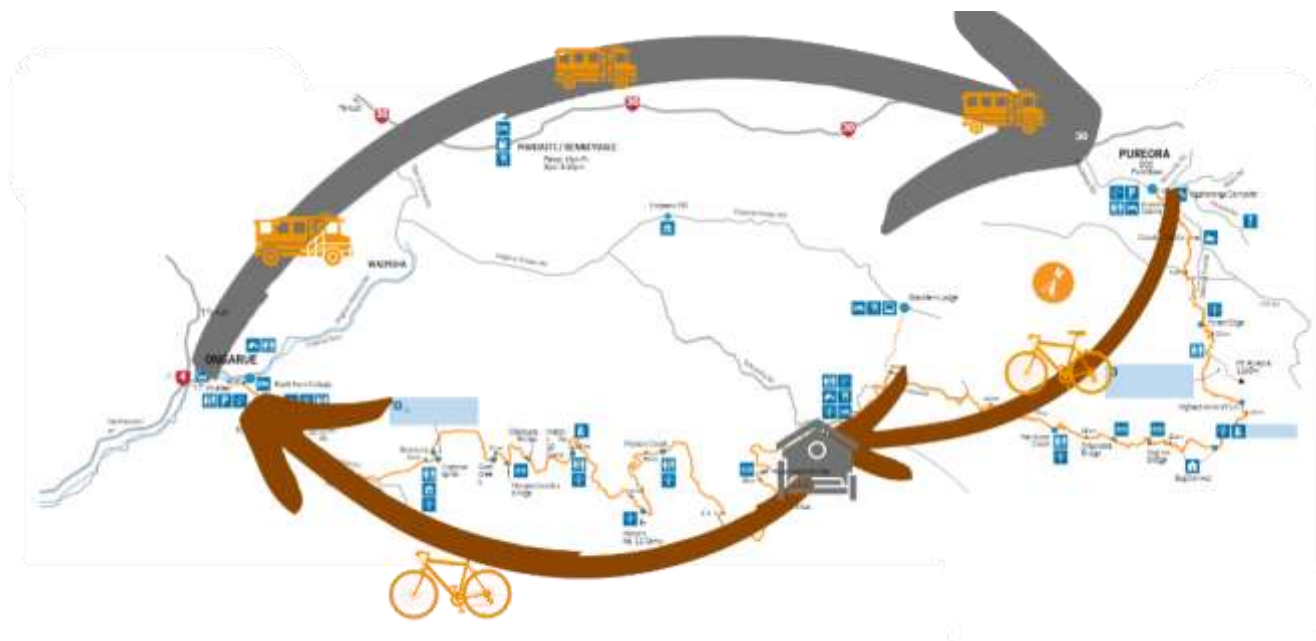
Traversing along the Hauhungaroa Ranges in the Pureora Forest Park, the Centre of the North Island, the trail is widely recognised as one of the top two-day adventure rides in New Zealand.



The all- year around trail experience features:

- Relics and base trail as remnants from the historic Ellis and Burnard bush tramways with unique engineering marvels including a rideable spiral and many bridge relics and signs of the hundreds of families who once lived in the ultimate flatpack moveable homes along the trail.
- Stories of protest and debate related to saving the last of New Zealand's rich and diverse podocarp forests from the chainsaws – saving stories, flora and fauna including the unique Pekapeka short -tailed bat, Kaka, Kereru, Tui, and the rare kōkako.
- Today the forest and trail feature a mix of virgin native bush, regenerating native bush and pockets of exotics.
- The trail is also situated in the heart of the King Country (Te Rohe Pōtae) with its rich iwi history (some of which can be found in the [Rereahu Chronicles](#))
- From the summit of Mt Pureora, the streams flow to the east eventually into the Might Waikato and to the west the significant Whanganui (protected as a legal entity)
- Mid ride accommodation choices include an off grid full-service lodge, glamping and a historic faming lodge now host to thousands of riders each year.

GENERAL TRAIL FLOW:



Shuttles depart daily for Pureora and Piropiro from Ongarue.

TIMBER TRAIL MAP



TIMBER TRAIL GUIDE INFORMATION



Section	Distance / Est Time Req'd.	Trail Grade	Trail Highlights
Pureora - Piropiro	39km 4 - 6 hours	3	<ul style="list-style-type: none"> • Traverse through the Pikiariki ecological reserve with its incredible cacophony of bird life (including the swooping kaka) • Historic crawler tractor • Regenerating bush • Climb Mt Pureora to 971m through single track in the sub alpine bush (including cloud forest) • Optional side trip (walk only) up the Toitoi track to the Mr Pureora summit 1,135m. • Views of Lake Taupō • Four suspension bridges (the first is 115m long) <p>Accommodation:</p> <ul style="list-style-type: none"> • Pureora Cabins
Piropiro			<p>Mid ride – site of an old mill town once home to a school, tennis courts and swimming pool.</p> <p>Accommodation</p> <ul style="list-style-type: none"> • Blackfern Lodge • Timber Trail Lodge • Camp Epic • Dept of Conservation Campground
Piropiro - Ongarue	45km 4 - 7 hours	3	<ul style="list-style-type: none"> • Undulating ride through tawa, tanekaha, and regenerating podocarp forest. • Four suspension bridges including the Maramataha at 141m long and 53ms about the stream. • Traverse along the Ellis and Burnard Bush Tramway with old relics, cuttings (with glow worms at night) and spectacular views and stories. • Ongarue Spiral – takes you round and under the trail. • Finish at either Bennetts Rd carpark and shuttle base or ride into the village or onward to Taumarunui. <p>Accommodation:</p> <ul style="list-style-type: none"> • Alexander Motels – Taumarunui • Blackfern Cottage – Ongarue • Timber Trail Farm stay. • Ongarue Cottage • Valley Retreat -Ongarue • Magpie Cottage

<p>Caterpillar Loop -Pureora</p>	<p>7km 1hr</p>	<p>2</p>	<p>The Crawler Tractor Loop is great for those who want to experience the Timber Trail but have limited time. The relatively short ride (7 km) goes through native forest to the site of the 1920s tractor, stranded in time. Return home via a gravel road to the Pureora carpark.</p>
<p>Maramataha Bridge -Piropiro</p> <p>From Maramataha carpark, Piropiro or ride the extra few kms from any of the accommodation options.</p>	<p>5 - 8km 1 - 1.5 hours</p>	<p>2/3</p>	<ul style="list-style-type: none"> • Ride through regenerating native bush along single track to reach the Maramataha Bridge. • At 141m long, this iconic suspension bridge, sits 53meters above the Maramataha River. This river merges with the Ongarue river and eventually the Whanganui River and out to the Tasman Sea. • Fantastic photo opportunities mixed with interesting story telling signage along the route. <p><u>Bike Tour/Hire Operators:</u></p> <ul style="list-style-type: none"> • Epic Cycle Adventures • Timber Trail Lodge and Shuttles

Short walks in the area			
<p>Forest Tower Walk</p> <p>- discover our ecology and history</p>			<ul style="list-style-type: none"> • This 12 m high tower is a 10-minute walk from Bismarck Rd car park. It gives you an entirely different perspective of life up in the forest canopy. It is a good spot for observing native birds such as kereru (wood pigeon), kākārīki (parakeets), and kākā (forest parrot). • Extensive interpretive signage enroute tells the story of the protesters and movement that saved our forest in the late seventies and eighties. • From Barryville Road, take Pikiariki Road then Bismarck Road.
<p>Pikiariki Loop (Tōtara walk)</p>	<p>30mins</p>		<ul style="list-style-type: none"> • This easy loop walk winds its way among the awe-inspiring giant podocarps for which Pureora is famous - tōtara, rimu, mātai, miro and kahikatea. Ferns grow in abundance and if you are really quiet you may hear or see native birds such as tui, fantail, kākārīki, tomtits or robins. The Tōtara Walk includes interpretative signs and plant identification signs. • The track is accessed from Barryville Road, at the Timber Trail entrance.

TIMBER TRAIL PARTNERS



Trail Partner	Services Offered	Contact Details
<p>Timber Trail Lodge and Transport</p> 	<p>Full-service Accommodation Mid ride - Piropiro Ongarue Logistics Base</p> <ul style="list-style-type: none"> • Twenty rooms (some ensuite). Up to 50pax • Licensed Bar • Bike support facilities. • Conference facilities available • Bike Hire • Shuttle and Logistics <p><i>Wholesale rates available</i></p>	<p>Russel Malone General Manager W: timbertrailodge.co.nz E: russel@timbertrailodge.co.nz P: +64 21 507 083 (Trade)</p>
<p>Blackfern Lodge</p> 	<p>Full Service or Self-catered Accommodation – up to 20 pax</p> <p>Forge and Lodge options. Mid Ride – Piropiro (6kms side track)</p> <p>Cottage - Ongarue</p> <p><i>Rates for groups available</i></p>	<p>Rachael Dey W: blackfernodge.co.nz E: book@blackfernodge.co.nz P: +64 7 8947677</p>
<p>Camp Epic / Epic Cycle Adventures</p> 	<p>Shuttle Services Bike Hire Self-catering glamping accommodation Mid-ride Piropiro</p> <p>Sixteen glamping tents hosting up to 36pax.</p> <p>Camping also available Hot showers, toilets, and kitchen facilities</p> <p><i>Rates for groups available</i></p>	<p>Paul Goulding W: thetimbertrail.nz E: paul@epiccycleadventures.com P: +64 22 023 7958</p>

Trail Partner	Services Offered	Contact Details
<p>Alexandra Motel</p> 	<p>Self-contained motel accommodation Taumarunui</p> <p>Bike cleaning facilities. EV Charging facilities.</p>	<p>Ann Barrar W: alexandermotel.co.nz E: office@alexandermotel.co.nz P: +64 7 895 8501</p>
<p>Riverside Adventures</p> 	<p>Full-service trips including shuttles, bike hire and guiding from base in Waikato.</p> <p>Works with on-trail providers for accommodation</p>	<p>Sally Hastie W: riversideadventures.co.nz E: sally@riversideadventures.co.nz P: +64 279 003 122</p>
<p>Track n Trail</p>  <p>Fully Supported Cycle Tours for the Young at Heart</p>	<p>Bespoke and scheduled supported cycle tours for groups up to 12pax.</p>	<p>Peter Mitchell 0212171495 NZ ride@trackntrail.co.nz</p> <p>Website : trackntrail.co.nz</p>
<p>Adventure South</p> 	<p>Small group guided adventures. Includes accommodation, bike hire and transport.</p> <p>Works with on-trail providers for accommodation</p>	<p>Gill Scott-Douglas Sales Manager P +64 3 9421 222</p> <p>E gill@adventuresouth.co.nz</p>
<p>Four B</p> 	<p>Full-service trips including shuttles, bike hire and guiding from base in Taupō .</p> <p>Works with on-trail providers for accommodation</p>	<p>Jonny Clapcott W: fourb.nz P: 07 374 8154 E: info@fourb.nz</p>
<p>Ongarue Cottage</p> 	<p>Accommodation – Ongarue</p>	<p>Jennifer Robinson E : ongaruecottage@gmail.com W ongaruecottage.co.nz</p>

<p>Valley Retreat</p> 	<p>Accommodation – Ongarue</p> <p>Two self-contained boutique rooms Breakfast options available</p>	<p>Victoria Dawson</p> <p>E: info@valleyretreat.co.nz W: ValleyRetreat.co.nz</p>
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The Timber Trail has a range of smaller partners including fully equipped houses available for group bookings.



MOUNTAINS TO SEA – NGĀ ARA TŪHONO

Website	Contact	Contact Details
mountainstosea.nz	Lynley Twyman Trail Champion	lynley@mountainstosea.nz +64 21403036

Trail Grade	<p>Mixed Grade 2 and Grade 3. Individual sections vary – see below for details.</p> <p>Some sections of the trail are remote, others more accessible.</p> <p>Riders should be fit and experienced to tackle the full journey. Most sections can be ridden as half and full day options giving flexibility to suit itinerary and rider requirements.</p>
Length	Up to 296kms Total of 306kms of connected trails
General Ride Time	Half to six-day options. Full journey 3-6 days
Location	Ohakune, Waimarino (National Park Village), Whakahoro, Pipiriki, Whanganui River Road, Whanganui
Logistics	<p>Most independent riders complete the journey using a shuttle and logistical support from our full-service providers.</p> <p>See individual sections below for more information.</p>
Seasons	<p>All year.</p> <p>Mangapurua – closed in Winter, alternative route is the Waipuna Connector Ride. Some operators may close in the quiet season – your logistics provider will be able to update you.</p> <p>Riders in winter need to be prepared for the sub alpine conditions with correct gear.</p>
Support Material	Maps are available free of charge on request or from our official trail partners, local I-Sites. We can provide these electronically as well on request.
Land Managers	The trail is a partnership managed by the Ngā Ara Tūhono Charitable Trust. Trail traverses both public conservation land, private land and district council land.

BACKGROUND:

Mountains to Sea – Ngā Ara Tūhono is one of 23 Great Rides, and one of the first to be constructed with the Ohakune Old Coach Road starting as a community initiative in 2008.

From Tongariro National Park's volcanic grandeur to the magical wilderness of the Whanganui River and the untamed Tasman Sea coast – our cycle trails will show you the sights, places and people that make our regions so special.

Known in Māori as 'Ngā Ara Tūhono' our connected pathways will take you to new adventures in a remarkable part of the world. Connecting two national parks the ride navigates alongside the tributaries and waters of the Whanganui river - with all their special stories for you to discover.

According to Māori tradition*, in ancient times three mountains, Ruapehu, Tongariro and Taranaki, lived together in the centre of the North Island. One day Taranaki attempted to carry off Pihanga, the wife of Tongariro. In the ensuing battle Taranaki was defeated. As he fled, he carved out the deep furrow of the Whanganui River so connecting our regions together inexorably from the mountains to the Tasman Sea.*.

In the late eighties (1987), there was a race forged by a hardy bunch of multisporters that traversed the valleys and hills and rivers of the area. It was tough and challenging but became quite popular - gathering real pace in the mid 90's before it took a break. While this race navigated from the Mountains to the Tasman Sea - its routes did not always follow the trail as it is today, but its inspiration planted a seed for something new.

In 2010, the Government of the time announced an economic development opportunity based on getting a New Zealand cycle trail developed. The teams at Ruapehu District Council, Whanganui District Council supported by the Department of Conservation and iwi identified the opportunity to connect some existing trails together (Ngā Ara Tūhono) for a truly unique journey from the mountains of Tongariro National Park to Whanganui and the Tasman Sea.

Today, the trail is managed as a unique entity with a partnership approach across the two councils, iwi partners, Department of Conservation through the Ngā Ara Tūhono Charitable Trust with support from the Government including MBIE, along with many passionate volunteers and supporters.

Our trails also owe their existence to the flow of the Whanganui River and everything we do around the trails should reflect the aspirations and values of Te Awa Tupua and the entity of the awa.

TRAIL SECTIONS OR FULL JOURNEYS

Mountains to Sea with its connected pathways can be included as individual short half or full day journeys or connected to create a full “Mountains” to “Sea” journey.

The information table below gives more detailed information. As the final trail sections are completed, the flow of the journey will come together. We can work with you to suggest itineraries that will work with your customers.

Journeys can take between three and six days and tailored to suit moderate to experienced riders. Hub and spoke options are also possible.

MOUNTAIN TO SEA TRAIL MAP




MOUNTAIN TO SEA TRAIL GUIDE INFORMATION

Section	Distance / Est Time Reqd.	Trail Grade	Trail Highlights
Ohakune Mountain Road	17km 1+ hrs	3	<ul style="list-style-type: none"> • Freewheel down Mt Ruapehu on one of New Zealand's most spectacular roads. • wonderful landscape of World Heritage-listed Tongariro National Park • Panoramic plateau views • Exhilarating 1000m descent • Unique volcanic landscape • Forest & waterfall walks <ul style="list-style-type: none"> • Dempsey Buses • Kune Shuttles • Mountain Bike Station
Te Ara Mangawhero <i>(This will replace the Ohakune Mountain Road section on completion)</i> <i>Phase II due for construction open 2028</i>	21.3km 12.95kms Open Now	2-3	<ul style="list-style-type: none"> • Travel through alpine forest from Tūroa ski field to Ohakune. • Cross stunning mountains streams • Discover stories of historic bush tramways and the tangata whenua stories of Ngāti Rangī <p style="text-align: center;">Phase I Loop Open now. 12.95kms</p> <ul style="list-style-type: none"> • Kune Shuttles • Mountain Bike Station • TCB Ohakune
Ohakune Old Coach Road Stand-alone half day ride or connect as part of a bigger adventure. (Horopito/Ohakune)	14km 2-4 hours one way	3	<ul style="list-style-type: none"> • Stunning sub alpine native forest • Challenging and original cobbled road built of sett stones in the 1880's. • Panoramic views of Mt Ruapehu, and the surrounding rural planes to the south (and home to NZ carrots) • Two historic railway viaducts including the Hāpuawhenua viaduct, one of New Zealand's oldest and tallest curved viaducts at 45m high and 245m long. • Great information panels connecting today with yesterday. <ul style="list-style-type: none"> • Dempsey Buses • Kune Shuttles • Mountain Bike Station • TCB Ohakune

Section	Distance / Est Time Reqd.	Trail Grade	Trail Highlights
<p>Ruatiti Road (Via Middle Rd)</p> <p>Connector ride to Mangapurua / Kaiwhakauka</p>	45km	3	<ul style="list-style-type: none"> • Beautiful rural landscapes traversing through working sheep and beef farms. • Views of Tongariro's volcanoes • Quiet country roads • Super-scenic Manganui-o-te-ao River (home to Whio). <p>Accommodation:</p> <ul style="list-style-type: none"> • Ruatiti Lodge • Whispering Hills
<p>Marton Sash and Door (Part of Te Hangāruru) Stand-alone half day ride</p> <p>(Waimarino (National Park Village))</p>	18km 2 – 3 hours	3	<ul style="list-style-type: none"> • The Central North Island volcanoes (Ruapehu, Ngauruhoe and Hauhungatahi). • Immerse yourself in the regenerating podocarp forest with hidden secrets. • History of the “bush tramway” era. • Relics of the “Marton Sash and Door company operations. • Traverse the escarpment which forms part of the Raurimu Faultline. • Connect to the history of the North Island Main Trunk line – our freight artery. <ul style="list-style-type: none"> • The Alpine Centre • Mountains to Sea Shuttles
<p>Te Hangāruru</p>	29.4km 9.1kms Open now New section opening Spring 2026	2	<ul style="list-style-type: none"> • Gentle ride through regenerating native alpine bush • Connections to our freight artery the NIMT • Connect to the Last Spike – the final connection in the railway. • Discover Pōkākā ecosanctuary with pekapeka, kiwi, tieke and more (under construction). Planned features include a tree walk, education centre and more. • Traverse stunning suspension bridges over mountain streams, with views of Mt Ruapehu. • Connect Ohakune Old Coach Road and incorporate Marton Sash and Door.

Section	Distance / Est Time Reqd.	Trail Grade	Trail Highlights
<p>Fishers Track</p> <p>Stand-alone ride or connect to Oio Road and beyond for a multi-day adventure. Part of the Te Araroa walking trail</p>	<p>27km</p> <p>2 - 3 hours one way</p>	3	<ul style="list-style-type: none"> • Epic views of the surrounding volcanoes to the west and east • Mount Hauhungatahi – Tongariro National Parks' fourth and oldest volcano. • Stop and explore the Te Papakura falls. • Thrilling downhill through farmland on an official public road with no cars to be seen. • Entry-level backcountry ride • Awesome horseshoe monument at Kaitieke. • The Alpine Centre • Dempsey Buses
<p>Oio Road</p>	<p>19km</p>	3	<ul style="list-style-type: none"> • Quiet rural farm road (mix sealed and gravel) • Traverse the stunning and dynamic papa cliffs • Sidle alongside the Retaruke river.
<p>Mangapurua</p> <p>Stand-alone ride or as part of multi-day trip. Winter alternates available. Partial winter safety closure (Use Waipuna Cycleway Heartland Ride at this time) Jet -boat must be pre-booked</p> <p>Note bridge upgrades Winter 26</p>	<p>36km</p> <p>5 - 7 hours</p>	3	<ul style="list-style-type: none"> • Stunning papa geology. • National Park wilderness. • Bridge to Nowhere and the remnants of a failed post WWII settlement programme. • Remote farming valleys. • A place full of stories and nature vs. humankind. • Connection to the Whanganui River – NZ's longest navigable river and legally protected as a living entity. <ul style="list-style-type: none"> • Dempsey Buses • Kune Shuttles • Mountain Bike Station • TCB Ohakune • Whanganui Tours • Whanganui River Adventures <p>Accommodation:</p> <ul style="list-style-type: none"> • Bridge to Nowhere Lodge and Adventures • Whispering Hills

Section	Distance / Est Time Reqd.	Trail Grade	Trail Highlights
<p>Kaiwhakauka</p> <p>Connect to the Mangapurua wither to Ruatiti or to the Whanganui River.</p> <p>Note bridge upgrades Winter 26</p>	16km	3	<ul style="list-style-type: none"> • Blue Duck Station with native Whio, Kiwi and other natives. • Stunning podocarp forest and secret waterfalls. • Link to Mangapurua Track through the Whanganui National Park • Remote, rural valley packed with history. • View-filled climb. • Traditional farm heritage mixed with forward focused conservation and hospitality. <ul style="list-style-type: none"> • Mountain Bike Station • Whanganui Tours <p>Accommodation:</p> <ul style="list-style-type: none"> • Blue Duck Station
<p>Waipuna Cycleway</p> <p>- Heartland Ride</p> 	33km	3	<ul style="list-style-type: none"> • The route follows quiet and scenic country roads with stunning views back across the mountains from the top of Waipuna Hill. • Additionally, the route meanders through a mix of rural farmland and forestry and regenerating native bush areas, crossing streams and historical areas of interest enroute. <p>This Heartland Ride supplements the Mangapurua in extreme weather or where cyclists' technical ability precludes them from riding the off-road section.</p>

Section	Distance / Est Time Reqd.	Trail Grade	Trail Highlights
<p>Whanganui River</p> <p>Jet boats with bike carrying capacity required.</p>	32km		<ul style="list-style-type: none"> • The longest navigable river in New Zealand, it traverses over 200km of countryside in its winding journey through the Whanganui National Park to eventually meet the Tasman Sea. The river is a living legal entity and protect by the world first Te Awa Tupua legislation connecting our environment, our people, and our future. • Stunning cliffs, waterfalls, and rapids as you navigate by jetboats especially fitted to carry bikes. • Whanganui River Adventures • Bridge to Nowhere Lodge and Jetboats
<p>Whanganui River Road</p> <p>Fantastic stand-alone ride or connect as part of multi day trip</p>	65km	<p>3</p> <p>Suitable for road and MTB Bikes</p>	<ul style="list-style-type: none"> • Whanganui National Park & River Scenery. • Connection to the Awa and its people. • St Joseph's Convent at Hiruhārama/Jerusalem. • Kawana Flour Mill. • Matahiwi Gallery Cafe. • Beautifully Carved Marae Whare. • Stunning papa geological features. • Whanganui Tours • Mountain Bike Station <p>Accommodation:</p> <ul style="list-style-type: none"> • Flying Fox • Matahiwi Gallery and Café • Whanganui River Adventures (Pipiriki)

Section	Distance / Est Time Reqd.	Trail Grade	Trail Highlights
<p>Upokongaro – Tasman Sea</p> <p>Stand-alone ride or connect as part of multi day trip. Mostly off-road concrete path</p>	19km	<p>2</p> <p>Suitable for road and MTB Bikes</p>	<ul style="list-style-type: none"> • Coastal ride along the Whanganui River with sculptures and history in abundance • Untamed Tasman Sea coast with black sand beaches • Whanganui – New Zealand's only UNESCO City of Design • Quirky cafes and eateries • Whanganui River Markets (Every Saturday) • Historic riverboats • Durie Hill Tunnel and Underground Elevator • Stunning street art and galleries • Celebrate your arrival at the Tasman Sea <ul style="list-style-type: none"> • Whanganui Tours • Mountain Bike Station • Behind the Door on Four • Evo Cycles • The Bike Shed





FULL MULTI DAY TRIP OPTIONS







* SH4 (Option Marton Sash and Door one-way 9kms from Cuff Rd). (Te Hangāruru will replace this full section when constructed)







Mountains to Sea Classic		Grade 3 3-6 Days	or	Mountains to Sea - Adventure		Grade 3 4-5 Days
Section	Distance		Section	Distance		
Ohakune Mountain Road / Te Ara Mangawhero	17km		Ohakune Mountain Road / Te Ara Mangawhero	17km		
Ohakune Old Coach Road	15km		Ohakune Old Coach Road	15km		
Ruatiti Valley	45km		Te Hangāruru*	9kms		
Mangapurua	36km		Road Transfer on SH4* to Erua Rd (then 5.8km on gravel to MSD)	8.8km		
River Journey	32km		Marton Sash and Door	9kms		
Whanganui River Road	67km		Fishers Track	27km		
Upokongaro - Tasman Sea	19km		Oio Road Connector	27km		
			Kaiwhakauka	16km		
			Mangapurua	24km		
			River Journey	32km		
			Whanganui River Road	67km		
			Upokongaro - Tasman Sea	19km		
TOTAL	231km		TOTAL	277km		

*Under construction – open to Last Spike Spring 2026. SH4 a high-volume road, not recommended for riding.

TRAIL PARTNERS

Trail Partner	Services Offered	Contact Details
 <p>Whanganui Mail and Tours</p>	<p>Full-service bike packages Shuttle services</p> <p><i>Full M2SNZ and specialises in Whanganui River Road / Whanganui narratives.</i></p>	<p>Tracey Marshall W: whanganuitours.co.nz E: Whanganui.tours@gmail.com P: +64 6 344 4918</p>
 <p>Mountain Bike Station</p>	<p>Full-service bike packages Shuttles services</p> <p><i>Full service M2SNZ. Also canoe hire, Whanganui Journey, and operators Raetihi Holiday Park</i></p>	<p>Ben and Rebecca Mead W: mountainbikestation.co.nz E: info@mountainbikestation.co.nz P: +64 6 385 4176</p>

Trail Partner	Services Offered	Contact Details
<p>Blue Duck Station</p> 	<p>Full-service Accommodation Whakahoro</p> <p>Onsite restaurants Horse riding Jet boat transfers Accommodation</p> <p><i>Wholesale rates available</i> <i>Key location for Kaiwhakauka</i></p>	<p>Melissa Rickard Operations Manager W: blueduckstation.co.nz E: info@blueduckstation.co.nz P: +64 7 895 0276</p>
<p>Behind the Door on 4</p> 	<p>Café</p> <p>Upokongaro</p> <p><i>Catering and café</i></p>	<p>Ginny Pongo</p> <p>W: behindthedooron4.co.nz</p>
<p>Bridge to Nowhere Lodge Adventures</p> 	<p>Full-service accommodation mid-point Whanganui River</p> <p>Jet boat transfers</p> <p><i>Bike transporter from Mangapurua Landing</i></p>	<p>Joe and Mandy Adams W: bridgetonowhere.co.nz</p> <p>E: info@bridgetonowhere.co.nz</p> <p>P: +64 6 385 4622</p>
<p>Dempsey's</p> 	<p>Regular Shuttles Transfers</p> <ul style="list-style-type: none"> • <i>Ohakune Old Coach Road</i> • <i>Fishers Track</i> <p>Charter shuttles and bespoke itinerary support</p>	<p>John Dempsey W: Dempseybuses.co.nz E: info@dempseybuses.co.nz P: 0800 754 123</p> <p>Also operates Mountains to Sea Shuttles</p>
<p>Kings Ohakune</p> 	<p>Accommodation Restaurant and Bar</p> <p>Ohakune</p>	<p>Dee and Stu Robinson W: KingsOhakune.co.nz E: info@kingsohakune.co.nz P: +64 6 385 8648</p>
<p>Kune Shuttles</p> 	<p>Shuttle Transfers Bike Hire</p> <p><i>Te Hangāruru / Ohakune Old Coach Rd and Mangapurua specialist</i></p>	<p>Max Carling W: kuneshuttles.co.nz E: max@enuk.co.nz P: +64 225 831 292</p>

Trail Partner	Services Offered	Contact Details
<p>Matahiwi Gallery and Café</p>  <p>MATAHIWI GALLERY COFFEE & ACCOMMODATION</p>	<p>Accommodation – Serviced cabins Café</p> <p><i>Evening meals by arrangement</i></p>	<p>Shantelle Ranginui</p> <p>E: matahiwigalleryenquiries@gmail.com W: matahiwicoffee.com P: +64 6 342 8116</p>
<p>Mid-West Helicopters</p>  <p>MIDWEST HELICOPTERS . NZ</p>	<p>Helicopter Transfers</p> <p><i>Concession to operate in Mangapurua</i></p>	<p>Chris Salim</p> <p>W: midwesthelicopters.co.nz E: office@midwestheli.co.nz P: 0800 MIDWEST (643937)</p>
<p>Mountain Heights</p>  <p>MOUNTAIN HEIGHTS LODGE NATIONAL PARK</p>	<p>Accommodation – lodge/motels</p> <p>Waimarino (National Park Village)</p>	<p>Andre & Sonya</p> <p>W: moutainheights.co.nz E: mountainheights@xtra.co.nz P: +64 7 892 2833</p>
<p>Powderhorn Chateau</p>  <p>POWDERHORN CHATEAU QUAPEHU, NEW ZEALAND</p>	<p>Accommodation – Full Service Bar and Restaurant</p> <p>Ohakune</p>	<p>Antika Scarf</p> <p>W : Powderhorn P: +64 6 385 8888 E: info@powderhorn.co.nz</p>
<p>Plateau Lodge</p>  <p>Plateau Lodge escape to the wilderness</p>	<p>Accommodation</p> <p>Waimarino (National Park Village)</p>	<p>Andrea Messengers</p> <p>W: plateaulodgeco.nz E: andrea@plateaulodge.co.nz P: +64 7 892 2993</p>
<p>Ruatiti Station Lodge (Ruatiti Greig Farms)</p> 	<p>Accommodation – full service or backpackers</p> <p>Ruatiti</p>	<p>Laura Grieg</p> <p>W: ruatitiruatitistation.co.nz E: ruatitistation@gmail.com P: +64 2102 520 627</p>

Trail Partner	Services Offered	Contact Details
<p>TCB</p> 	<p>Bike Hire (E-bike and standard) Shuttles (OOCR) Bike Service and sales.</p> <p>Ohakune</p> <p><i>Works with Dempseys on Shuttles for groups</i></p>	<p>Ben Wiggins W: tcb.nz E: tcbinfo@xtra.co.nz P: +64 6 385 8433</p>
<p>The Alpine Centre</p> 	<p>E-bike Hire Snow and outdoor gear sales & hire</p> <p>Waimarino (National Park Village)</p> <p><i>Only E-bike hire in NPV</i></p>	<p>Shona W: thealpinecentre.co.nz E: info@thealpinecentre.co.nz P: +64 7 892 2717</p>
<p>The Flying Fox</p> 	<p>Accommodation – Full service or self-catering</p> <p>Whanganui River Road</p>	<p>Jane Mc Call W: theflyingfox.co.nz E: info@theflyingfox.co.nz P: +64 6 927 6809</p>
<p>The Old Convent – Jerusalem</p> 	<p>Accommodation – Self catering Historic place</p> <p>Whanganui River Road</p> <p><i>The Convent is part of a working Church and convent.</i></p>	<p>Zena Hough W: compassion.org.nz/our-places/hiruharama-jerusalem/ E: old.convent@compassion.org.nz P: +64 6 342 8190</p>
<p>The Park Hotel</p> 	<p>Accommodation Restaurant</p> <p>Waimarino (National Park Village)</p>	<p>Mark Sandiford W: the-park.co.nz E: mark@the-park.co.nz P: +64 21 667 590</p>
<p>Tongariro Suites</p> 	<p>Accommodation – Full Service</p> <p>Horopito</p>	<p>Mandy Nguyen W: tongarirosuites.co.nz E: info@tongarirosuites.co.nz P: +64 21 828 077</p>





Trail Partner	Services Offered	Contact Details
<p>Evo Cycles</p> 	<p>Bike Servicing and support. Whanganui</p>	<p>Cath Cheatly W: veloronmys.co.nz E: admin@veloronmys.co.nz P: +64 6 348 2621</p>
<p>Whanganui River Adventures</p> 	<p>Whanganui River Road Jet boat transport and tours Accommodation (Summer only) <i>Bike transporter from Mangapurua Landing</i></p>	<p>Teresa Hohepa / Josephine Haworth W: whanganuiriveradventures.co.nz E: info@whanganuiriveradventures.co.nz P: +64 6 385 3246</p>
<p>Whanganui Top 10</p> 	<p>Accommodation Whanganui <i>Great option for groups and Tour Aotearoa riders</i></p>	<p>Jeannie Kay W: wriver10.co.nz E: info@wriver10.co.nz P: +64 6 343 8402</p>
<p>Whispering Hills</p> 	<p>Accommodation Ruatiti <i>Great option for groups doing the Mangapurua or Kaiwhakauka</i></p>	<p>Alex Roke W: WhisperingHills.co.nz</p>



Figure 1 Te Ara
Mangawhero -
Mountains to Sea



Figure 3 Pencils : Artwork on Somme Parade
Whanganui



Figure 2 North Mole, Whanganui